



# First National Kimberley Lake Argyle Swim 2026 Handbook

Saturday 2<sup>nd</sup> May 2026



D E Carpenters  
Rockalong Stonework

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**Lake Argyle Swim Inc. Committee:** Darren Fulcher, Maria Chan, Ben Broadwith, Sue Cottle, Greg Smith, Jillian Roughley. Event Manager: Glenn Taylor, [mail@lakeargyleswim.com](mailto:mail@lakeargyleswim.com)

On behalf of First National Kimberley, the Lake Argyle Swim Committee, our fantastic partners and our incredible volunteers: **Welcome to the 2026 First National Kimberley Lake Argyle Swim!**



We proudly welcome you to the largest annual sports event in the Kimberley. Enjoy the water and spectacular landscape in this very special part of the world.

All the information you need to stay safe and have a great time at our event is in this booklet. If you have any further questions, please ask one of the Committee at a Briefing Session or send us an email any time at [mail@lakeargyleswim.com](mailto:mail@lakeargyleswim.com).

Enjoy this amazing experience, *Brad Williams, Director - First National Kimberley*

## SWIM HISTORY & RACE RECORDS

### Historical Swimmer Participation

- 2006: 6 Swimmers from Balmoral raise money for the RFDS (length of Lake swim);
- 2007: 57 Swimmers, organised by Jim Hughes and the KCCI as a part of the Ord Valley Muster;
- 2008: Rescheduled to September – event cancelled;
- 2009: 22 Swimmers, Rescheduled for May/June. Official event cancelled, social swim instead;
- 2010: 27 Swimmers, organised by SWEK (3 solo swimmers, 4 duo and 4 quad teams);
- 2011: 63 Swimmers, organised by the new Lake Argyle Swim Inc. and Taneille Anderson;
- 2012: 117 Swimmers, organised by the Lake Argyle Swim Inc.;
- 2013: 140 Swimmers, organised by the Lake Argyle Swim Inc. and Event Manager: Glenn Taylor;
- 2014: 183 Swimmers, event "sold-out" in 6 hours and Winner of the WA Event of the Year;
- 2015: 200 Swimmers, event "sold-out" in 3 hours;
- 2016: 260 swimmers, 100 teams, 600 adults at Gala Dinner, "sold-out" in 2 hours;
- 2017: 280 swimmers in 111 teams;
- 2018: 314 swimmers, 510 participants;
- 2019: 337 swimmers, 700 adults at Gala Presentation Dinner.
- 2021: 350 swimmers, 709 adults at Gala Presentation Dinner, finalist in WA Tourism Awards.
- 2022: 350 swimmers, new record "sell-out" time.
- 2023: 360 swimmers. Another 'sell-out' and three new race records set.
- 2024: 365 swimmers, 141 teams, 'sold-out' and three new race records set.
- 2025: 365 swimmers, 700 adults at Gala Presentation Dinner, new record "sell-out".

### Race Records

	Solo	Duo	Quad
<b>10km</b>	2:08:19 (2023) Giacomo Lucivero	2:19:54 (2017) Plodding Petty's	2:15:12 (2021) Royal Life Saving WA
<b>20km</b>	3:57:32 (2024) Max Coten	4:44:42 (2024) White Belly Sea Eagles	4:14:50 (2025) Surf's Up

Proudly organised by the Lake Argyle Swim Inc. [www.lakeargyleswim.com](http://www.lakeargyleswim.com)

## **WELCOME MESSAGE**

**HON REECE WHITBY, MINISTER FOR TOURISM and  
HON STEPHEN DAWSON MLC, MINISTER FOR REGIONAL DEVELOPMENT AND KIMBERLEY**

The State Government is a proud sponsor of the Lake Argyle Swim through the Regional Events Program (the Program), delivered by Tourism Western Australia (Tourism WA).

The Program supports medium to large events in regional Western Australia to boost tourism and local jobs, increase community vibrancy and participation, particularly outside of the typical tourism season, and further develop regional areas.

It also plays an important role in positioning Western Australia as an exciting destination to visit and a great place to live by showcasing and promoting a region's unique points of difference and diverse attractions, particularly through media coverage of events.

Regional events provide an opportunity for local, interstate, and international visitors to go beyond city limits and experience the unique features of each of our State's wonderful regions.

Tourism is a key part of the State Government's plan to diversify the economy, create jobs and develop business opportunities, through helping regional economies and communities to grow and thrive.

Events are a vital part of this plan, with the State Government sponsoring a range of sporting, cultural, arts and culinary events across the State, through Tourism WA, to attract visitors and encourage them to stay longer, disperse further and do more while they are here.

We hope everyone enjoys this event and takes the time to explore the dreamlike Kimberley region.



**HON REECE WHITBY MLA**

MINISTER FOR TOURISM



**HON STEPHEN DAWSON MLC**

MINISTER FOR REGIONAL DEVELOPMENT AND KIMBERLEY

## KEY RACE INFORMATION

### Race Day Times

All swimmers, paddlers and skippers are required at the starting line 15 minutes prior to the scheduled race start.

- **20km race starts 8:00** for Solo/Duos/Trios and **8:10** for Quads  
(Allow at least 70 minutes travel time from the boat ramp to the start line, slower boats depart earlier); and
- **10km race start 10:00** for Solo and **10:10** for Duo/Quads  
(Allow at least of 50 minutes travel time from the boat ramp to the start line, slower boats depart earlier).

**6:30 AM** – All passengers for 20km Start Cruise aboard the Lake Argyle Cruise bus at the Resort.

**8:00 AM** – 20km race start Solo and Duos and Trios

**8:10 AM** – 20km race starts for Quads.

**08:30 AM** – 10km Solo's and their Paddlers are to board the official 10km start boats at the lake edge finish line (access via the walking path leading down from Lake Argyle Resort).

Swimmers will be on one boat; paddlers will be on another. The paddlers are taken to the Kayak Barge, where your kayak and paddle will be issued by our Kayak Manager. Swimmers will be transported to the starting line.

**10:00 AM** – 10km race start Solo.

**10:10 AM** – 10km race start for Duos and Quads.

**3:30 PM** – **All participants still swimming exit the water.** All remaining teams swimming are to pick up their swimmers and report to the timekeepers at the finish line by 3:30pm.

**4:45 PM - Group Photo** with all participants adjacent to the Pool. All swimmers will receive a special swim memento at the Group Photo shoot.

**4:55 PM** – **Gala Presentation Dinner** at Lake Argyle Resort opens– Presentations, Live Music Celebrate into the night.

## Compulsory Briefing and Gear Collection Sessions

The Skipper\* and Paddler of each team must be present for at least one of the following Compulsory Briefing/Gear Collection Sessions:

*\*In the 10km solo category - the swimmer and paddler must attend.*

- **Wednesday 29<sup>th</sup> April 6:00pm**, Kununurra Country Club Resort (gear collection from 5pm)
- **Friday 1<sup>st</sup> May, 5:00pm** at Lake Argyle Resort.

All swimmers are encouraged to attend these sessions, but for safety reasons it is mandatory for the skippers, paddlers and 10km solo swimmers to attend.

- All **race numbers, caps and race packs** will be issued to the skipper at these sessions only.
- **T-Shirts** are provided for each swimmer, paddler and skipper.
- **Additional dinner tickets and spectator cruise tickets** that have been purchased will be issued with the team's gear.

## Gala Presentation Dinner

The Gala Presentation **dinner** will start at **4:55 pm** on Saturday at Lake Argyle Resort.

The entertainment will include the presentation of awards to category winners, guest speakers, music and will go late into the evening – so come along to party!

**Everyone attending dinner must be wearing their wristband.**

Anyone without an official dinner wrist band will be politely denied access to the dining area. *Please note this also applies to all children. If your children are part of the “kids’ dinner” and we wish for them to have easy access to you, please take a seat at the Gala Dinner along the perimeter of the venue.*

The Gala Dinner area will be open to additional family and friends once meal service has been completed – join the band & DJ party!

## Spectators

For spectators with cruise tickets:

- The **20km & 10km Start Cruise**. Spectators with tickets need to board the Lake Argyle Cruises shuttle bus, departing **6:30am** from the Resort reception.

## Boat Launching & Crew Pick-up

The boat launching and crew pickup procedure reduces boat ramp congestion and makes for a better experience for everyone.

- **Boat Launching:** Skipper and vehicle driver only on boat ramp (kayaks, paddles, food, drink and all gear for the day on board). Please have boat prepared and launch early to avoid delays. Vehicle and boat trailer to be parked back at the Resort (walk down for pick-up).
- **Swimmer & Crew Pick-up:** When all your Swimmers and Crew are assembled at the Lake Edge, your skipper can move forward (see map below) to the finish beach. Please motor carefully to the beach, quickly have your crew board and slowly motor away in a clockwise direction.



Swimmers, supporters and crew using pathway from/to Lake Argyle Resort:

- Remember **to take shoes, hats and sun protection both down to the boat at the start of the day** and to wear back up at the end of the day.

**Disability access:** Any swimmer, supporters or crew members unable to walk up/down the pathway are advised to travel on the team's power boat, to and from the boat ramp.

## COURSE MAP



Proudly organised by the Lake Argyle Swim Inc. [www.lakeargyleswim.com](http://www.lakeargyleswim.com)

# 20km Start Line Map



# 10km Start Line Map



Proudly organised by the Lake Argyle Swim Inc. [www.lakeargyleswim.com](http://www.lakeargyleswim.com)

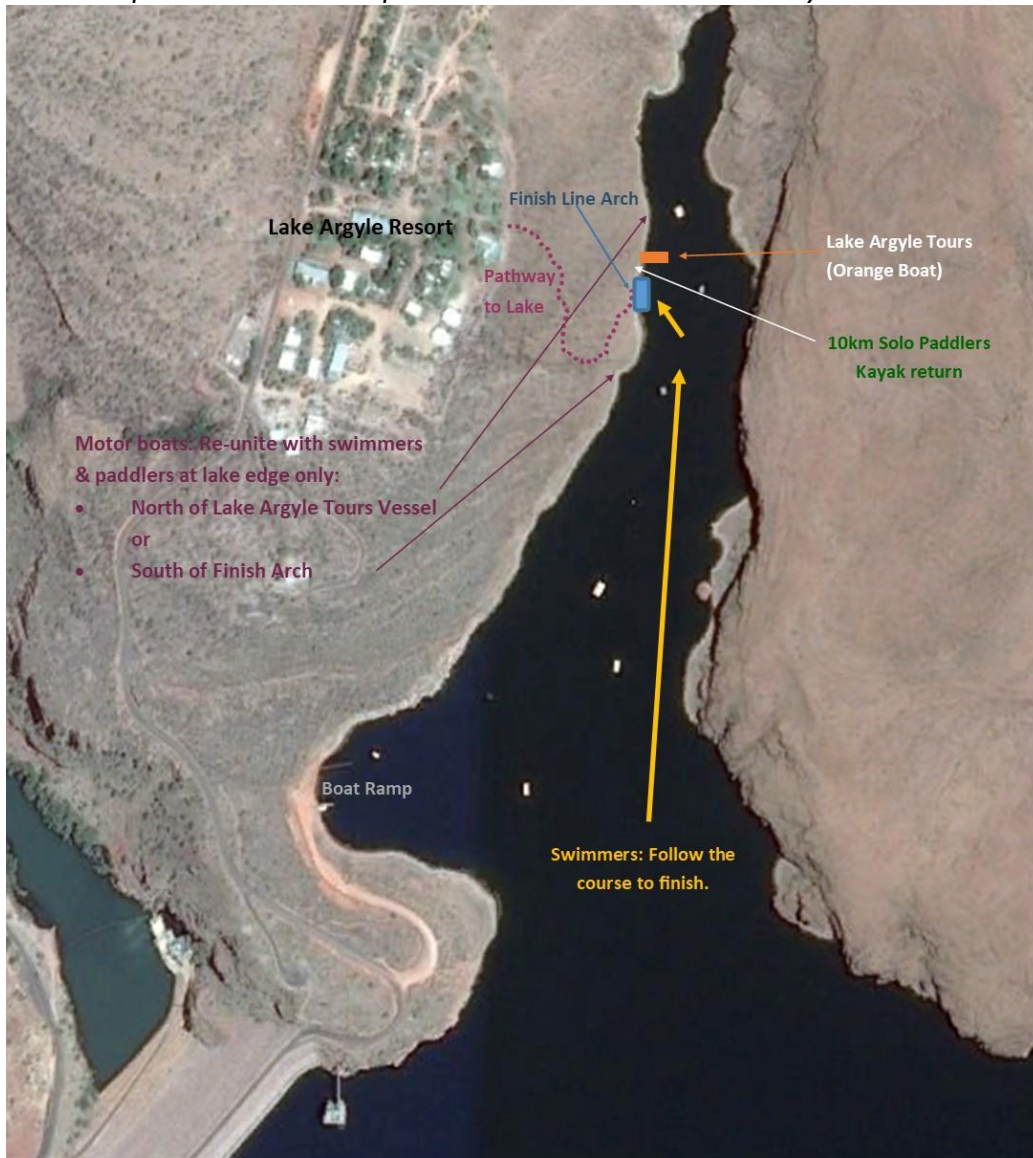
## Finish Line

The finish line will be onshore: finish under the Blue Inflatable Finish Arch.

The Finish Line access is **via the walking path directly down from the Lake Argyle Resort Pool**.

*The team's time will be recorded when your first swimmer crosses the line.*

*Swimmers: must report to our timekeepers at the Finish Arch to ensure your time is recorded.*



**Swimmers:** Swimmers finish under the blue Finish Arch, onshore.

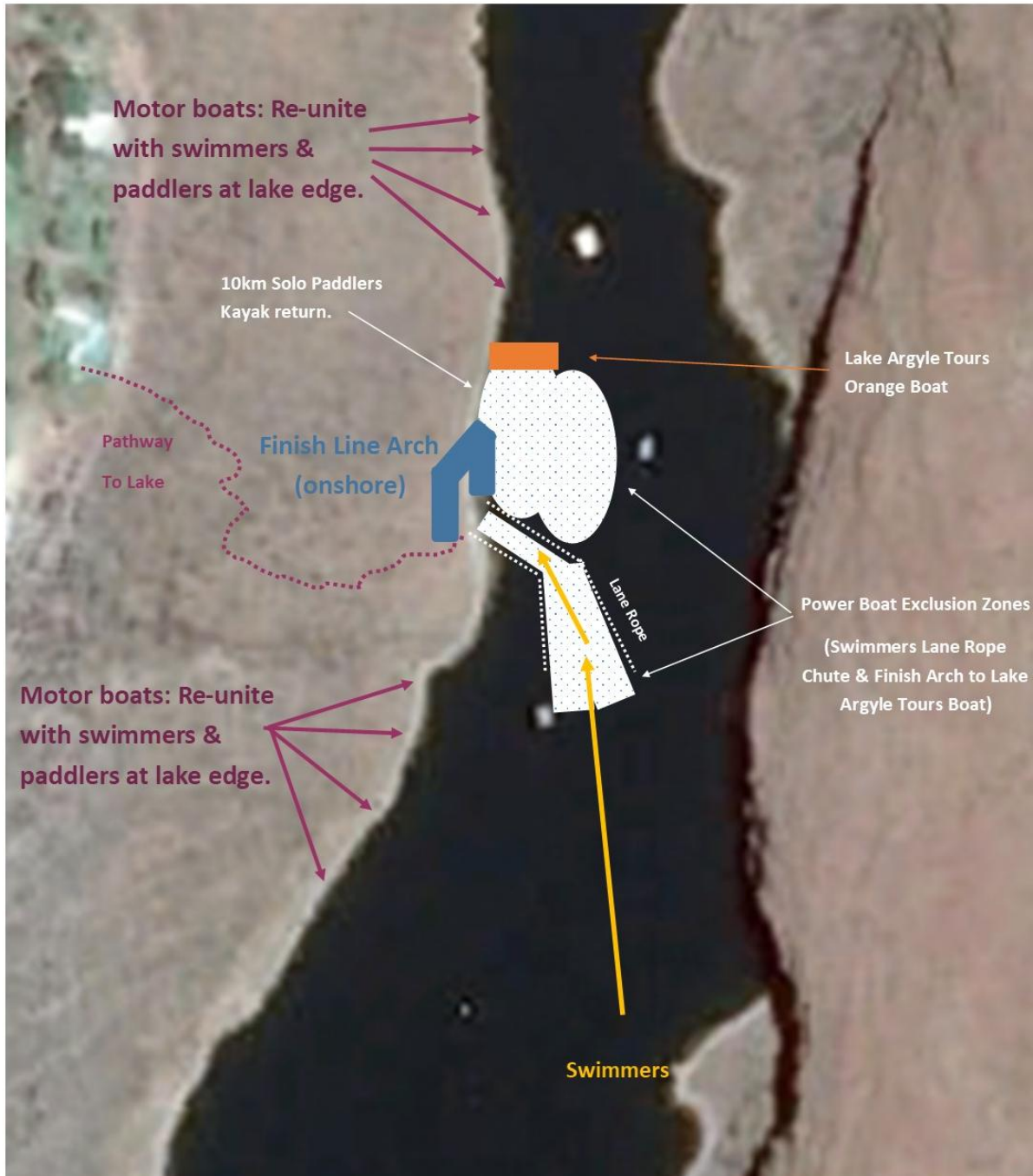
**10km Solo Paddlers:** Return issued kayaks to finish (between Finish Arch and Lake Argyle Tours Boat).

**Skippers:** Skippers can re-unite with swimmers and paddlers onshore south of the Finish Arch or North of the **Lake Argyle Tours Boat**. No motor boats are to enter the swimmers finish chute (100m of lane ropes) or come between the Finish Arch and Lake Argyle Tours boat.

Skippers: Stay well clear of all finishing swimmers/teams when returning to boat ramp.

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## Lake Argyle Swim—Finish Line (zoom)



**Skippers:** Motor Boats are strictly prohibited from entering the swimmers finishing lane ropes and from shore access between the **Finish Arch** and **Lake Argyle Tours Boat**.

**Skippers:** Keep watch and stay well clear of all finishing swimmers/teams when re-uniting with team members and returning to the boat ramp.

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Aerial photograph of the Finish Area



Proudly organised by the Lake Argyle Swim Inc. [www.lakeargyleswim.com](http://www.lakeargyleswim.com)

## SWIMMER: Safety & Information Sheet

Your issued number tattoo should be placed on your upper right arm.

To discuss with your support crew:

- Plan with your team the direction of the swimmer i.e. straight-line buoy to buoy or taking advantage of wind and waves;
- Discuss with your paddler/s the most comfortable position for them to guide you and your team; and
- If your support crew is to provide you with sustenance whilst you are in the water discuss how you'd like this to be managed.

### Signalling for Assistance

Let your paddler know you need assistance and they should let you hang on to the front (bow) of their paddle-craft.

In the case of requiring assistance beyond your paddler:

- Wave one hand above head height to signal assistance is required. Keep waving until your signal is acknowledged.

### Overtaking

- Any team in front has the right of way. Pass the slower team on any side at a safe distance.

### Potential hazards to consider:

- LAKE ARGYLE is classified as "OPEN WATER" (think ocean);
- Winds can be strong and blow you off course, generate a short sharp chop;
- Wind and wave activity will change along the length of the course;
- Sunburn: use sunscreen and cover up;
- Dehydration: have your crew carry water and snacks, enough for 6 to 8 hours; and
- Take care and time to traverse the track from the finish line to the Resort.

### Getting to the Start

Travel on your support boat to the start line. Swimmers and crew to be picked up by their skipper at the lake edge directly down the walking path from Lake Argyle Resort.

*10km solo swimmers will travel to the start line on the official start boats – also departing from lake edge, directly down walking path.*

### The Finish

The finish line is the blue inflated finish arch onshore. Your paddler can stay with you to the line. Your power boat must stay clear of the exclusion zones at the finish area. Swim to shore and pass under the finish arch. Your fellow swimmers are encouraged to swim to the rear of the Lake Argyle Tours boat for a celebratory drink.

### The Start

The deep-water start will be from the line of floats between the Lake Argyle Cruises Start Boat and the start buoy. Position yourself in front of the rope and hold onto it with your hand.

**The starting swimmer in each team must swim the first 500 meters before joining up with their team support boat, due to the power boat exclusion area at the Start Line.**

### The Course – 20km Swim

A lead boat will lead the field from the 20km start to the 10km turn (where you will join the tail of the 10km field and follow their lead boat). Your paddlers will use this boat and the marker buoys to guide you along the course.

The 10km turn is a right hand turn around the buoy at the eastern end of the 10km start line. Please beware of increased water traffic.

### The Course – 10km Swim

A lead boat will lead the field from the start to finish of the event. Your paddlers will use this boat and the marker buoys to guide you along the course.

## **10km SOLO Swimmers: *Additional Information***

### Getting to the Start

10km Solo swimmers and their paddlers will travel to the 10km start line on the official 10km start boats. Departing the **08:30am** from the lake edge down the walking path from Lake Argyle Resort.

Swimmers and Paddlers will be travelling to the 10km start on different boats. So, all final instructions and preparations need to be completed prior to 08:30am.

Paddlers will be taken to the Kayak Barge, where they will be issued with a hire kayak and paddle by our Kayak Manager. Swimmers will be taken to the 10km start line.

You should board the boats in your swim/paddle gear – ready to go.

*Boats have shaded seating areas. Boats have bins on board, so take your drinks/food in disposable packaging. Shoes and clothing can be left at the finish line (we will have a marked gear area for you, no valuables please).*

At the finish, all 10km solo paddlers should make their way to the Kayak Manager on shore - adjacent to the Finish Arch and return your hire kayak and paddle.

## PADDLER: Safety & Information Sheet

**PFD's must be worn!**

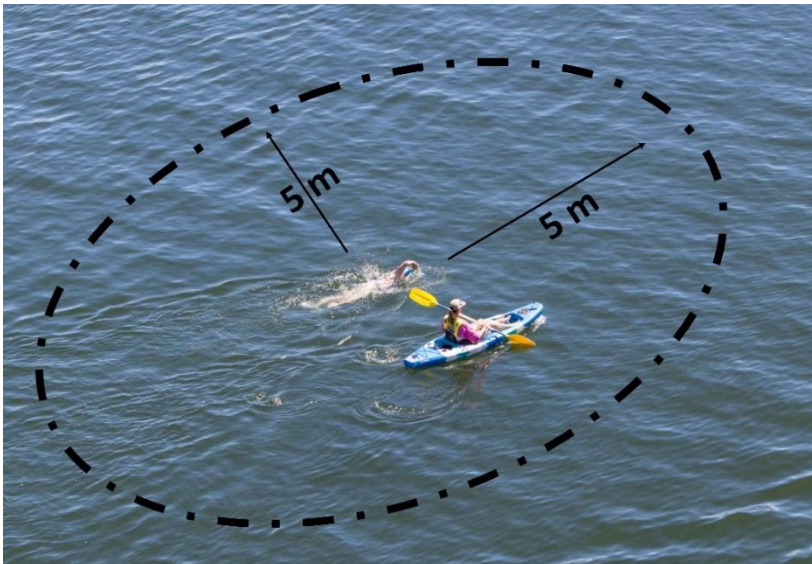
*Please be considerate of all people on and in the water.*

As a Support Paddler, you are responsible for:

- **Maintaining a safe distance for your swimmer from any power boats;**
- Guiding your swimmer along the course;
- Monitoring correct changeover tagging protocol;
- Monitoring the progress of your swimmer, and if required, signal for assistance;
- Providing support to the swimmer until a boat arrives; and
- Providing water and food if required.

*Swimmers needing assistance or rest should hold onto the front of your kayak when stationary.*

Team numbers are to be displayed on both sides of your paddle craft. You will also be wearing a bib with your team number on.



### **Maintain your “Swimmer’s Bubble”:**

Communicate assertively with the skipper of any power boat threatening to enter the 5m “Bubble” around your swimmer.

**No power boats within 5m of a swimmer is allowed** (other than that swimmer’s team boat at changeovers).

### Guiding your swimmer

- Plan with your team the direction of the swimmer i.e. straight-line buoy to buoy, or take advantage of wind and waves;
- Discuss with your swimmer/s the most comfortable position for you to guide them. Stay close to your swimmer and keep them in view; and
- Discuss any potential paddler swap overs that may occur along the course.

### Monitoring swimmer progress

- A smooth swimming stroke indicates all is well; and be aware that;

- A ragged stroke and zigzagging may indicate tiredness and other problems which can quickly lead to assistance being required.

#### Signalling for assistance

- Wave your hands or paddle at head height or above to signal assistance is required;
- Keep waving until your signal is acknowledged.

#### Supporting your swimmer

- Stay in your boat and adopt a stable paddling position - e.g. low brace;
- If they require assistance, make definite eye contact with the swimmer and direct them to hold on to the bow (front) of your kayak. This may cause your craft to spin around but this is the most stable position where you can see and monitor the swimmer; this is because a swimmer holding on to the side may cause your craft to roll, you cannot see swimmers on your stern (back) and they may foul your rudder control lines.

#### Provide food and water

Ensure anything you are carrying in or on your paddle craft is securely stowed.

#### Potential hazards to consider:

- LAKE ARGYLE is classified as “OPEN WATER” (think ocean);
- Winds on Lake Argyle can be strong and blow you off course;
- The lake can generate a short sharp chop that may change direction;
- Wind and wave activity will change along the length of the course;
- Sunburn: use sunscreen and cover up, if you have a “sit-on” craft ensure your legs and feet are protected;
- Dehydration: carry water and snacks, enough for 6 to 8 hours;
- ‘Numb Bum’: move around and fidget to maintain circulation; and

#### Overtaking

Any swimmers and paddlers in front have right of way, pass at a safe distance on either side of the slower team.

#### Getting to the Start

Paddlers and paddle craft should travel with their team in their support boat to the start line.

***10km solo’s hire kayaks & paddles will already be at the 10km start line for your paddler.***

## The Start

Swimmers will start in deep water from the start line. Support Paddlers will position themselves either side of the course approximately 200m ahead of the start line and join their swimmers after the first 200m has been swum.

## The Course – 20km & 10km Swim

A lead boat will travel the course ahead of the field. Use this vessel to guide you along the course. At the 10km point of the 20km swim, you will join the tail of the 10km field and be guided by their lead boat.

## Swapping Paddlers (optional for teams with extra crew)

Try to swap at a time that your swimmer has an alternative visual guide along the course e.g.

- When there is another relay team member in the water awaiting changeover; or
- There is a marker buoy ahead, make sure you discuss this with your swimmers prior to the race.

## The Finish

The Finish Line is marked by a blue inflated finish arch onshore. You can paddle all the way to the finish line with your swimmer but be sure not to impede any other swimmers.

Kayakers with their own craft can head back to shore with their team or to the boat ramp with their support boat.

10km Solo Paddlers need to return their hire kayak to the Kayak Manager – on shore adjacent to the Finish Arch.

## **Course GPS Co-ordinates**

*Approximate Course GPS Co-ordinates (guide only – record exact points on way to start line if required)*

	<u>Degrees, Minutes</u>						<u>Degrees, Minutes, Seconds</u>							
	o	'		o	'		o	'	"	o	'	"		
20km Start	16	12.255	South	128	48.844	East	16	12	15.3	South	128	48	50.64	East
Hicks Passage Turn	16	12.714	South	128	47.162	East	16	12	44.46	South	128	47	9.7	East
15km Marker	16	12.518	South	128	46.134	East	16	12	31.08	South	128	46	8.0	East
10km Start	16	12.039	South	128	43.436	East	16	12	2.3	South	128	43	26.2	East
Grit's Peak Turn	16	8.940	South	128	43.791	East	16	8	56.4	South	128	43	47.5	East
The Heads Turn	16	8.523	South	128	44.183	East	16	8	31.38	South	128	44	11.0	East
Bamboo Cove Turn	16	7.192	South	128	44.613	East	16	7	11.52	South	128	44	36.8	East
Finish	16	6.826	South	128	44.607	East	16	6	49.56	South	128	44	36.4	East

## SKIPPER: Safety & Information Sheet

***Please be considerate of all people on and in the water.***

Be aware that fuel exhaust fumes affect all swimmers and paddlers, stay downwind and at a safe distance from them whenever possible.

As a team/s Support Boat you are responsible for assisting both swimmers and paddlers of your team, so always keep them within sight. Any waving arm or paddle movement above the head is a call for assistance, approach with safety in mind.

**Team numbers** must be displayed on both the port and starboard sides of the boat.

### Boat Launching

The Boat Ramp is a potential major congestion point without your help and preparation. Please head to the boat ramp with a boat driver (to manoeuvre the boat away from the boat ramp) and a vehicle driver (to return the car and trailer back to the Lake Argyle Resort). Take note of the Swimmer/Crew collection information in this document.

Are you ready to launch your boat?

- Boat battery on? , Boat key in ignition or on hand?, All your gear on board (Esky, food, drink), Bungs in?, Motor lifted and support arm removed?, Tie down straps untied or ready to un-tie?, Winch ready?, Boat Radio set to Channel 11 (VHF & UHF)

### Radio communications

- Are to be used to call for assistance only, no radio chatter please;
- Channel 11 for both VHF and UHF will be used for communications during the swim; and
- Marshall Vessels may use radio communications to broadcast event information, so keep your radios on.

### Overtaking

The overtaking boat must pass on the side of the slower boat that is furthest from the swimmer.

### Picking up Swimmers/Paddlers

When picking up swimmers or paddlers the **motor of the support boat must be turned off**. Support vessels must only move forwards and do not come astern (move backwards).

### The Finish Line

**SUPPORT BOATS MUST LEAVE THEIR SWIMMER(S) AND PADDLER 400M PRIOR TO THE FINISH AREA**

No support boats are to enter the “Power Boat Exclusion Zones” as per the **Finish Line Map** in this Handbook.

Catch-up with your swimmers and paddlers along the shoreline as per the **Finish Line Map** in this Handbook.

### **BE AWARE OF YOUR WAKE AND ITS AFFECT ON ALL EVENT PARTICIPANTS**

Strictly no alcohol on board support vessels.

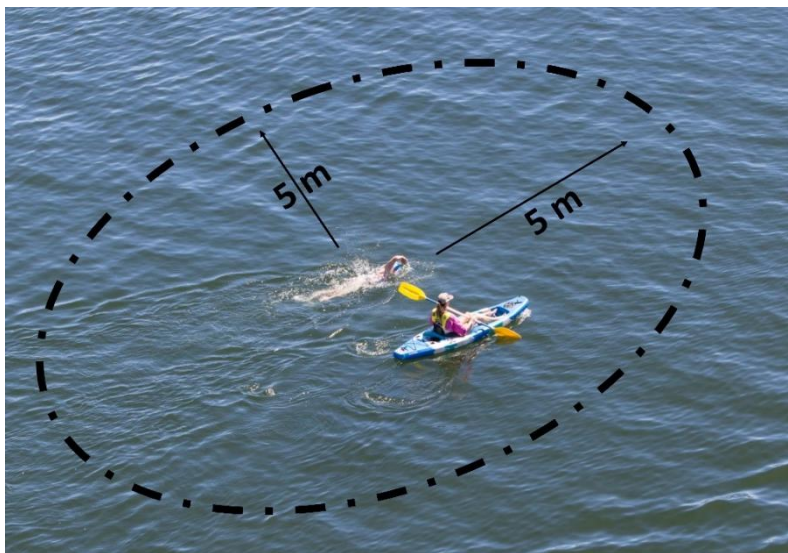
Each Support Vessel must comply with Department of Transport (DoT) regulations. The required safety equipment to comply with DoT:

- Recreational Skipper’s Ticket.
- Life Jackets (min. level 100) - *must be worn if vessel is 4.8m or less.*
- Life Jackets for children under 12 years must be worn (min. level 100).
- Distress Beacon (in date and GPS enabled).
- Red and Orange flares (in date) or Electronic Visual Distress Beacon.
- A marine radio and additional safety equipment are recommended. Visit <https://www.transport.wa.gov.au> for full details.

Be aware of the weather and elements, it is recommended that shade is provided, adequate food and drink as well as towels, spare clothes, blankets.

#### Power Boat Exclusion Zone

Please note the 500m x 200m power boat exclusion zone at both the 10km and 20km start lines. Your first swimmer will have to swim at least the first 500m prior to a swimmer change – as no boats can enter this exclusion zone to drop-off or collect team members.



**Maintain the “Swimmer’s Bubble”:**

**No power boats within 5m of another team’s swimmer is allowed.**

## EXTREME WEATHER

In the event of extreme weather (i.e. strong winds) the Event Manager, in consultation with Lake Argyle Cruises, may:

- Cancel the event, or
- Delay the start time(s) – **the event end time of 15:30 hrs will be unchanged**, or
- Change the course to the 'Alternative Rough Weather' course A or B.

### Alternative Rough Weather Courses

If an alternative rough weather course is to be used, competitors will be informed via race radio which Alternative Rough Weather Course, A or B, is to be utilised. Please refer to the attached Alternative Rough Weather Courses A & B.

#### Alternative Rough Weather Course A:

A 5km circuit within Coolibah Pocket will be set-up.

- All standard race rules, team changes and support boats will operate as normal.
- However, all swimmers will be required to exit the water each 5km lap at the Finish Arch – for lap counting.

#### Alternative Rough Weather Course B:

- The confined space of this course will preclude team boats and paddlers from following their swimmers and all relay team members will be required to assemble at the finish line area.
- Swimmers will be required to complete 1km circuits of this course and exit the water each lap. Relay teams can only change at the completion of whole laps (1km laps).
- Solo swimmers and team swimmers must present to the timekeeper each lap for the purpose of safety check and lap counting.
- Neutral support vessels and paddlers will be patrolling this course. Any swimmer needing assistance must wave one arm above their head.
- Race distances may be revised down from the planned 20km/10km distances depending on the weather, but all competitors will be informed of this prior to the start of the alternative race format.

# Alternative Rough Weather Course Map A



# Alternative Rough Weather Course Map B



Proudly organised by the Lake Argyle Swim Inc. [www.lakeargyleswim.com](http://www.lakeargyleswim.com)

## EMERGENCY PROCEDURE

**Any waving arm or paddle movement above the head is a call for assistance.  
Approach with safety in mind.**

### Rescue Boats

Neutral Rescue Boats that will be roaming for the duration of the race.

The rescue boats will be monitoring radio channel 11 and have a qualified first aider and first aid kit on board. For all emergency assistance these boats are to be your point of contact.

### Radio Communications

**Radio communications are to be used to call for assistance only.  
No radio chatter please.**

**Channel 11** for both VHF and UHF will be used for communications during the swim.

\*If radio communications are not possible – use your flares to signal for assistance or dial “000”.

### Medical Emergency

In the case of a medical emergency requiring urgent assistance, state:

***“Medical emergency, Boat number ..... is calling for immediate medical assistance, location.....”***

- Identify any nearby boats that may be in the best position to assist; and
- Continue this call until you receive confirmation that assistance is on its way.

St John Ambulance officers will be stationed at Lake Argyle Resort and on-board a rescue boat for the duration of the event. Rescue or support vessels will transport any casualties to the boat ramp as directed by St John Ambulance volunteers.

*Please note that St John Ambulance assistance is on site. However, any transport and further medical treatment will come at further cost to the participant(s) seeking treatment.*

### Non-Medical Emergency

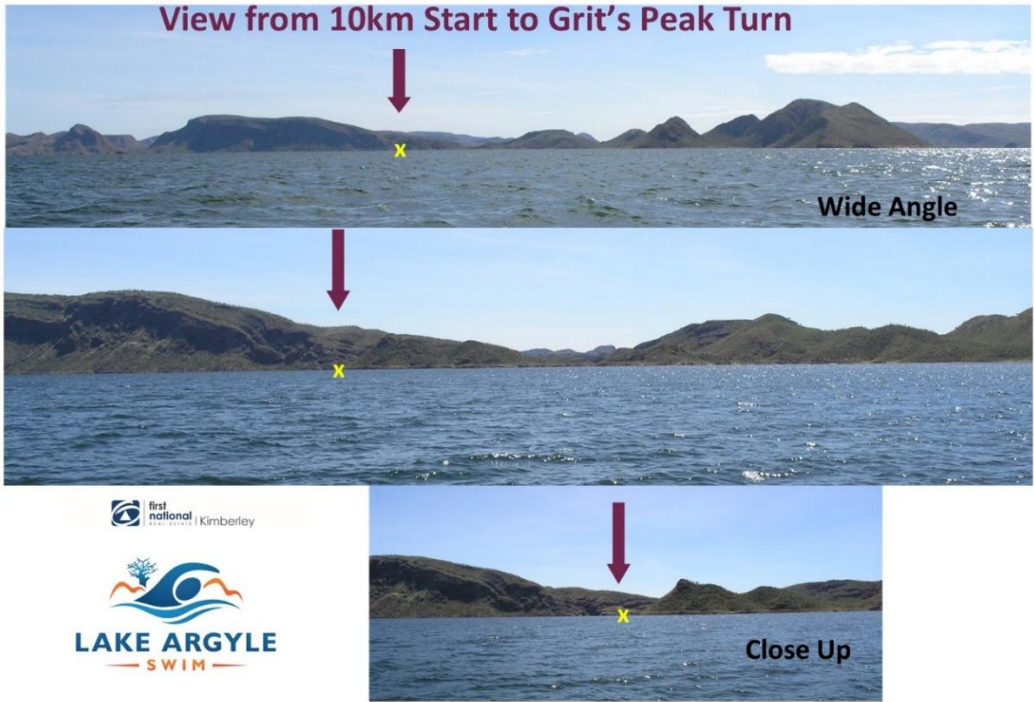
In the case of all other **non-medical emergencies** (i.e. mechanical, taking on water,...)

***“Emergency, Boat number.... Requiring assistance at location.....”***

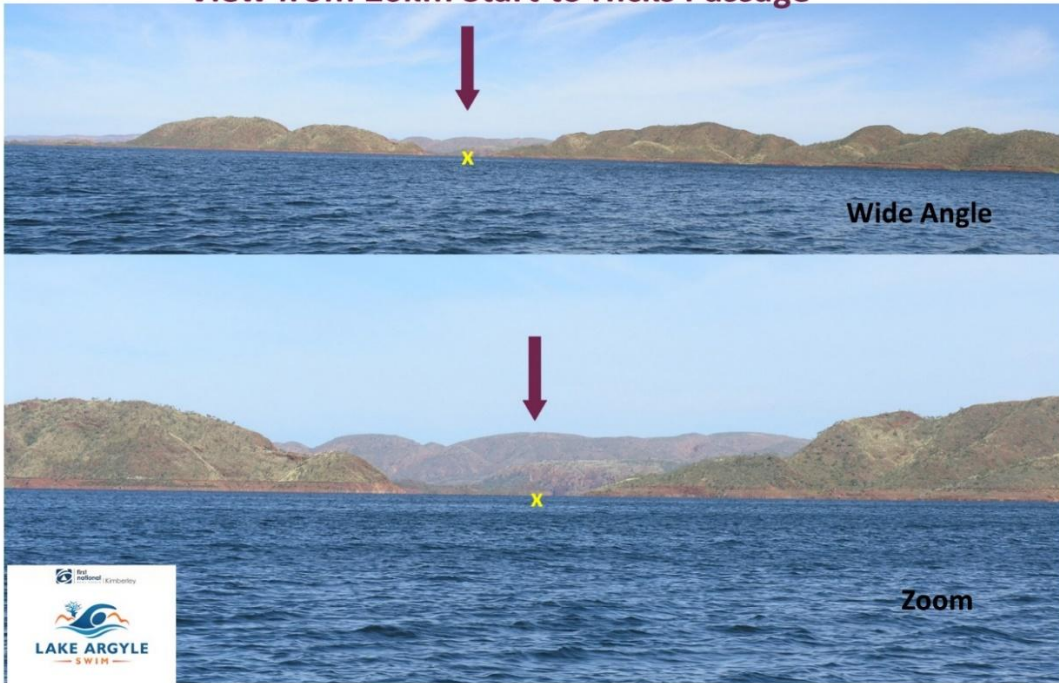
Provide information about the nature of the assistance required (i.e. motor breakdown, broken paddle etc.).



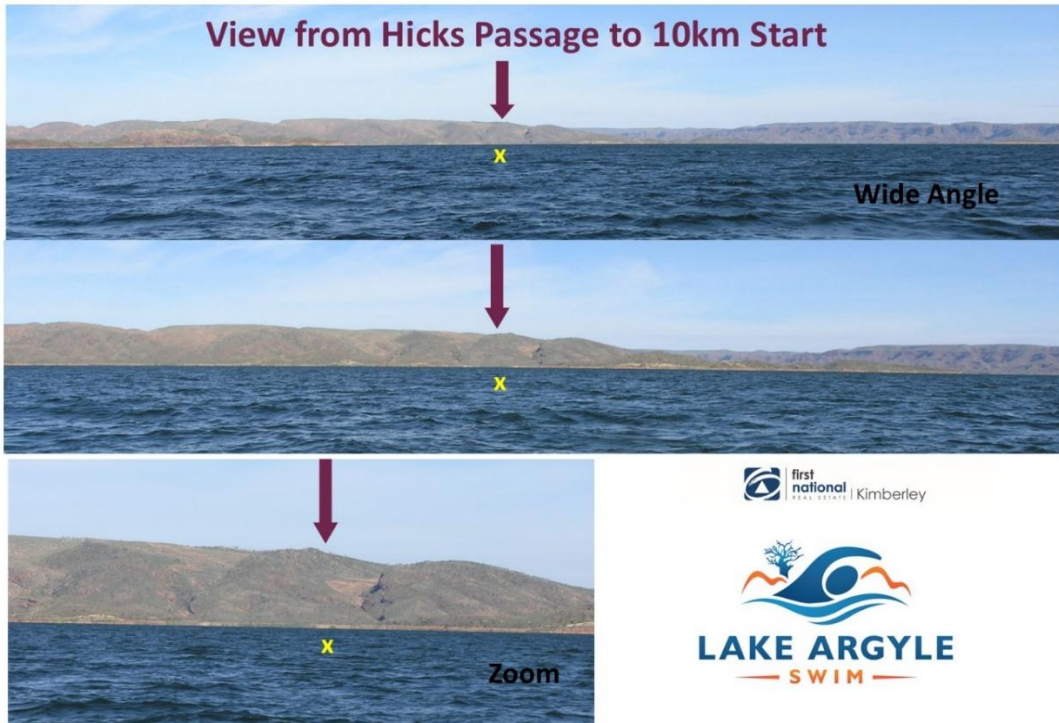
# NAVIGATION CARDS



### View from 20km Start to Hicks Passage



### View from Hicks Passage to 10km Start



# 2026 SWIMMER LIST

#	Category	Team Captain	Team Name	Postcode	State
1	10km Solo Entry	Alexander Thompson	Alexander Thompson	3123	VIC
2	10km Solo Entry	Angela Sankey	Angela Sankey	3142	VIC
3	10km Solo Entry	Anna Philip	Anna Philip	810	NT
4	10km Solo Entry	Bobbette Herold	Bobbette Herold		
5	10km Solo Entry	Christine Ficko	Christine Ficko	6330	WA
6	10km Solo Entry	Christine Smith	Christine Smith	6018	WA
7	10km Solo Entry	Christopher Dennis	Christopher Dennis	5051	SA
8	10km Solo Entry	Danielle Dinse	Danielle Dinse		
9	10km Solo Entry	David Maggs	David Maggs	6024	WA
10	10km Solo Entry	Dawn Penney	Dawn Penney	6169	WA
11	10km Solo Entry	Elen Soust	Elen Soust	3121	VIC
12	10km Solo Entry	Emma Kelly	Emma Kelly	810	NT
13	10km Solo Entry	Eric Vanweydeveld	Eric Vanweydeveld	2602	ACT
14	10km Solo Entry	Gabriela Diaz	Gabriela Diaz	5162	SA
15	10km Solo Entry	Jacqueline Sjogren	Jacqueline Sjogren	4868	QLD
16	10km Solo Entry	James Pilbrow	James Pilbrow	810	NT
17	10km Solo Entry	Janelle Melling	Janelle Melling	6722	WA
18	10km Solo Entry	Jill Willetts	Jill Willetts	6157	WA
19	10km Solo Entry	Jo McConnell	Jo McConnell	3188	VIC
20	10km Solo Entry	Katie Elmer	Katie Elmer		
21	10km Solo Entry	Kirsteen Butler	Kirsteen Butler	3188	VIC
22	10km Solo Entry	Lee Dennis	Lee Dennis	820	NT
23	10km Solo Entry	Lyn Mackenzie	Lyn Mackenzie	2093	NSW
24	10km Solo Entry	Margaret Fraser	Margaret Fraser	3057	VIC
25	10km Solo Entry	Margot Eliason	Margot Eliason	810	NT
26	10km Solo Entry	Megan Rex	Megan Rex	6010	WA
27	10km Solo Entry	Michael Taranto	Michael Taranto	6056	WA
28	10km Solo Entry	Phillip Gleeson	Phillip Gleeson	6012	WA
29	10km Solo Entry	Rachel Hayton	Rachel Hayton	6151	WA
30	10km Solo Entry	Sarah Wapling	Sarah Wapling	3068	VIC
31	10km Solo Entry	Sharyn Adams	Sharyn Adams	3204	VIC
32	10km Solo Entry	Skye Trainer	Skye Trainer	830	NT
33	10km Solo Entry	Stephanie Inat	Stephanie Inat		
34	10km Solo Entry	Victoria Quaini	Victoria Quaini	810	NT
35	10km Solo Entry	Virginia Porter	Virginia Porter	3144	VIC
36	10km Solo Entry	Wayne Sampson	Wayne Sampson	2231	NSW
37	10km Duo Team	Addie Curtin	Lake it easy	6743	WA
38	10km Duo Team	Cory Woodhead		6743	WA
39	10km Duo Team	Dean Goraroro		6743	WA
40	10km Duo Team	Evon Brown			
41	10km Duo Team	Hylke Vader	ARRRRRgyle pirates	6743	WA
42	10km Duo Team	Isabel McCarthy	The Real Swim Shady	6743	WA
43	10km Duo Team	Jessica McCann	Oops we swam	6154	WA
44	10km Duo Team	Jillian Roughley		6743	WA
45	10km Duo Team	Lauren McSwain	Marlin & the Seahorse	6743	WA
46	10km Duo Team	Sarah Brook		6330	WA
47	10km Duo Team	Taryn Austla	Century Surges	6053	WA
48	10km Quad Team	Adam Conroy	Swim Shades	810	NT
49	10km Quad Team	Alex Crompton	Spicy Margs	6011	WA
50	10km Quad Team	Angus Cole-Adamd		820	NT
51	10km Quad Team	Annabelle Macansh	Piping Hot Tuna	810	NT
52	10km Quad Team	Annie Sheahan	Toucan, Four Can	6743	WA
53	10km Quad Team	Belinda orme	Bin Chicken Belters	812	NT
54	10km Quad Team	Ben Lucas	Team Broome Aquaholics	6725	WA
55	10km Quad Team	Bill Schulte	Burleigh Boys	4220	QLD
56	10km Quad Team	Brigid Neely	could go to Bali instead	810	NT
57	10km Quad Team	Caitlin Kerr	Bobbins' Boabs	6743	WA
58	10km Quad Team	Darcy Robinson		6743	WA
59	10km Quad Team	Darren Fulcher	Sooty Grunters	6743	WA
60	10km Quad Team	Eleanor Lang		6743	WA
61	10km Quad Team	Electric Eel	Electric Eets	6743	WA
62	10km Quad Team	Hayley Webb	Sweat & Wild	810	NT
63	10km Quad Team	Isobel Perkins		810	NT
64	10km Quad Team	Jane Kelsbie	Mumford & Wives	6333	WA
65	10km Quad Team	Jason Cause	Territory Tortoises	810	NT
66	10km Quad Team	Jessica Salm	Whale Oil Beef Hook	6725	WA
67	10km Quad Team	Johanna Waide	Red Hot Chili Lappers	810	NT
68	10km Quad Team	Kiri Lerch		6743	WA
69	10km Quad Team	Lachlan Ennis		810	NT
70	10km Quad Team	Laura Cretlin	The Jeffrey's	6014	WA
71	10km Quad Team	Letisha Newman	No pool No worries	6743	WA
72	10km Quad Team	Maddy Ellis	CREM DE LA CRÈME	820	NT
73	10km Quad Team	Meg Goodwin		6725	WA

74	10km Quad Team	Melanie Gray	Gemma's Angels	6743	WA
75	10km Quad Team	Melita Eassie	On The Fly	835	NT
76	10km Quad Team	Michael Bransdon-Smith		3461	VIC
77	10km Quad Team	Milly (Emily) Bakker		810	NT
78	10km Quad Team	Natalie O'Leary	Sink or Swimmers	820	NT
79	10km Quad Team	Nikeisha Lange		810	NT
80	10km Quad Team	Pip Baker		6725	WA
81	10km Quad Team	Sally Ross	Crocstars	6152	WA
82	10km Quad Team	Stephanie Lawrence	Battered Barramundi's	810	NT
83	10km Quad Team	Tayla Christie	QUAD RATS	6725	WA
84	10km Quad Team	Zoe McWhinney	Just Insite	810	NT
85	20km Solo Entry	Angus Kirkpatrick	Angus Kirkpatrick	6743	WA
86	20km Solo Entry	Jay Prchal	Jay Prchal	6153	WA
87	20km Solo Entry	Jordan Trunfio	Jordan Trunfio	810	NT
88	20km Solo Entry	Katie Andrew	Katie Andrew	6722	WA
89	20km Solo Entry	Kylie Scholz	Kylie Scholz	810	NT
90	20km Solo Entry	Mollie Bayliss	Mollie Bayliss	6149	WA
91	20km Solo Entry	Rex Lures	Rex Lures	6410	WA
92	20km Solo Entry	Richard Goddard	Richard Goddard	2452	NSW
93	20km Solo Entry	Simone Blaser	Simone Blaser	6163	WA
94	20km Solo Entry	Tim Trezise	Tim Trezise	6410	WA
95	20km Duo Team	Alana Dennis	Gills Gone Wild		NT
96	20km Duo Team	Camille Talbot	Sibling shenanigans	6714	WA
97	20km Duo Team	Carol Keane		6151	WA
98	20km Duo Team	Elle Fitzsimons		6740	WA
99	20km Duo Team	Imogen Greenhalgh		6060	WA
100	20km Duo Team	Megan Flett		6725	WA
101	20km Duo Team	Ross Godwin		6330	WA
102	20km Duo Team	Thomas Schott	Two Bouys	820	NT
103	20km Trio Team	Adrienne Hinkes	Water Wizards	6726	WA
104	20km Trio Team	Grace Hendriks	Tommy and the Gals	6743	WA
105	20km Trio Team	Haydn Valle	Three Parents, One Bad Ide	820	NT
106	20km Trio Team	Jessica Buchan		6743	WA
107	20km Trio Team	Leon Danicic	Local Legends	820	NT
108	20km Trio Team	Neil Ruttie		800	NT
109	20km Trio Team	Sue Cottle		834	NT
110	20km Trio Team	Tim Iffla	Masters of Mediocrity	6725	WA
111	20km Quad Team	Amie Roberts	Boab Baddies	6743	WA
112	20km Quad Team	Andrew Pannifex	McFins 20km	3084	VIC
113	20km Quad Team	Annabel McAuliffe	The Water Solubles	6743	WA
114	20km Quad Team	Benjamin Broadwith		6743	WA
115	20km Quad Team	Canice Kinnane		810	NT
116	20km Quad Team	Catherine Nesbitt	The Wettle Spaghetitis		
117	20km Quad Team	Charles Love	Happy Hedgehogs	6056	WA
118	20km Quad Team	Dean Thornton	Southern Wrongs	6330	WA
119	20km Quad Team	Ellen Bermingham	Srubs to Swimmers	6740	WA
120	20km Quad Team	Eloise Delaney		6725	WA
121	20km Quad Team	Emily Benson			
122	20km Quad Team	Fabio Armanni	The Goodness	6725	WA
123	20km Quad Team	Jenna Tucker			
124	20km Quad Team	Jodi Smith	Croc Bait	6743	WA
125	20km Quad Team	Justin Geldard		6019	WA
126	20km Quad Team	Kate Hamilton	Mud Skippers	821	NT
127	20km Quad Team	Lara Clegg		810	NT
128	20km Quad Team	Matthew Forsyth	The Orange Dugongs	821	NT
129	20km Quad Team	Meg Welsh		810	NT
130	20km Quad Team	Niamh Cooper	The Chompers	6164	WA
131	20km Quad Team	Olivia Italiano	Quokkadies	6210	WA
132	20km Quad Team	Paut Brown		6410	WA
133	20km Quad Team	Paut Laver		6019	WA
134	20km Quad Team	Pete Johnson	LFS Agri	4350	QLD
135	20km Quad Team	Phoebe Skene		810	NT
136	20km Quad Team	Richie Pendle		810	NT
137	20km Quad Team	Romney Julicher	Waterlogged	820	NT
138	20km Quad Team	Sara Toonson		820	NT
139	20km Quad Team	Sarah Mayo		6743	WA
140	20km Quad Team	Sarina Bowyer	The All Sorts	6055	WA
141	20km Quad Team	Sasha John		6725	WA
142	20km Quad Team	Sebastian Pufke	Sultans Of Swim	6743	WA
143	20km Quad Team	Shaun Wykes		3058	VIC
144	20km Quad Team	Tanya Hadlow	The Young And The Restless	6230	WA
145	20km Quad Team	Tim Trezise	Bandee Swim Team		WA

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## RACE RULES, TERMS & CONDITIONS OF ENTRY

The full race rules, any updates, terms & conditions of entry can be found at: [www.lakeargyleswim.com](http://www.lakeargyleswim.com).

### SPECIAL THANKS TO

**All our amazing Volunteers, Sponsors, Committee,  
& WA State Emergency Service.**

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