



# First National Kimberley Lake Argyle Swim 2024 Handbook

Saturday 4<sup>th</sup> May 2024

The First National Kimberley Lake Argyle Swim is proudly supported by:



Argyle Engineering | Kununurra Dental | Hoochery Distillery  
DE Carpenters | Freshwater East Kimberley Apartments | Rockalong Stonework  
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**Lake Argyle Swim Inc. Committee:** Ben Broadwith, Maria Chan, Darren Fulcher, Sue Cottle.

Event Manager: Glenn Taylor, [mail@lakeargyleswim.com](mailto:mail@lakeargyleswim.com)

On behalf of First National Kimberley, the Lake Argyle Swim Committee, our fantastic sponsors and our incredible volunteers: **Welcome to the 2024 First National Kimberley Lake Argyle Swim!**



Kimberley

We proudly welcome you to the largest annual sports event in the Kimberley. Enjoy the water and spectacular landscape in this very special part of the world.

All the information you need to stay safe and have a great time at our event is in this booklet. If you have any further questions please ask one of the Committee at a Briefing Session, or send us an email any time at [mail@lakeargyleswim.com](mailto:mail@lakeargyleswim.com).

Enjoy this amazing experience,  
*Brad Williams, Director - First National Kimberley*

## SWIM HISTORY & RACE RECORDS

### Historical Swimmer Participation

- 2006: 6 Swimmers from Balmoral raise money for the RFDS (length of Lake swim);
- 2007: 57 Swimmers, organised by Jim Hughes and the KCCI as a part of the Ord Valley Muster;
- 2008: Rescheduled to September – event cancelled;
- 2009: 22 Swimmers, Rescheduled for May/June. Official event cancelled, social swim instead;
- 2010: 27 Swimmers, organised by SWEK (3 solo swimmers, 4 duo and 4 quad teams);
- 2011: 63 Swimmers, organised by the new Lake Argyle Swim Inc. and Taneille Anderson;
- 2012: 117 Swimmers, organised by the Lake Argyle Swim Inc.;
- 2013: 140 Swimmers, organised by the Lake Argyle Swim Inc. and Event Manager: Glenn Taylor;
- 2014: 183 Swimmers, event "sold-out" in 6 hours and Winner of the WA Event of the Year;
- 2015: 200 Swimmers, event "sold-out" in a record 3 hours;
- 2016: 260 swimmers, 100 teams, 600 adults at Gala Dinner, "sold-out" in a record 2 hours;
- 2017: 280 swimmers in 111 teams;
- 2018: 314 swimmers, 510 participants in 108 teams;
- 2019: 337 swimmers, 700 adults at Gala Presentation Dinner.
- 2021: 350 swimmers, 709 adults at Gala Presentation Dinner, finalist in WA Tourism Awards.
- 2022: 350 swimmers, record "sell-out" times.
- 2023: 360 swimmers. Another 'sell-out' and three new race records set.

### Race Records

	Solo	Duo	Quad
<b>10km</b>	2:08:19 (2023) Giacomo Lucivero	2:19:54 (2017) Plodding Petty's	2:15:12 (2021) Royal Life Saving WA
<b>20km</b>	4:06:52 (2023) Max Coten	4:49:55 (2019) Darwin Buffs	4:16:23 (2023) One Addition

## WELCOME

**WELCOME MESSAGE FROM  
HON RITA SAFFIOTI MLA, DEPUTY PREMIER; MINISTER FOR TOURISM  
AND  
HON DON PUNCH MLA, MINISTER FOR REGIONAL DEVELOPMENT**

The State Government is a proud sponsor of the First National Kimberley Lake Argyle Swim through Tourism Western Australia's Regional Events Scheme (RES).

RES was established to support event holders across WA with the development of events to drive tourism to regional Western Australia. The scheme plays an important role in positioning the state's five tourism regions as exciting destinations to visit and great places to live by showcasing and promoting the host region's unique and diverse attractions.

A total of 65 regional events across WA have been funded through the 2023-24 RES, which also includes a \$250,000 funding pool for the Regional Aboriginal Events Scheme, which exclusively allocates funding to events delivering Aboriginal activities and experiences.

The State Government, through Tourism WA, is proud to sponsor these regional events, which help bring vitality to local communities and drive visitor spend, injecting millions into regional economies.

Tourism is a key part of the State Government's plan to diversify the economy, create jobs and develop business opportunities, especially in regional Western Australia.

Events play an important role in this plan, with the State Government sponsoring a range of sporting, cultural, arts and culinary events across Western Australia through Tourism WA, to attract visitors to our state and encourage them to stay longer, disperse further and spend more while they are here.

We hope everyone enjoys this event and takes the time to explore the Kimberley region.



**HON RITA SAFFIOTI MLA  
DEPUTY PREMIER;  
MINISTER FOR TOURISM**



**HON DON PUNCH MLA  
MINISTER FOR REGIONAL DEVELOPMENT**

## KEY RACE INFORMATION

### Race Day Times

All swimmers, paddlers and skippers are required at the starting line 10 minutes prior to the scheduled race start.

- **20km race starts 8:00 AM**  
(Allow at least 70 minutes travel time from the boat ramp to the start line, slower boats depart earlier); and
- **10km race start 10:00 AM** for Solo Swimmers and **10:10 AM** for 10km Teams  
(Allow at least of 40 minutes travel time from the boat ramp to the start line, slower boats depart earlier).

**4:30 AM** – Boat ramp coordinators commence boat launches, starting with 20km entrants.

**6:30 AM** – All passengers for 20km Start Cruise aboard the Lake Argyle Cruise bus at the Resort.

**6:50 AM** – 20km boats depart for the start line (slower boats should depart earlier).

*Boat Ramp Coordinator begins coordinating the launch of 10km race boats.*

**7:30-7:50 AM** – Boats arrive at 20km start line.

**8:00 AM** – Official **20km race start**

**9:00 AM** – 10km race boats (including official 10km boat) depart for the 10km start line.

*\* All 10km solo's and their paddlers are to board the official 10km start boats - from the lake edge via the walking path leading down from Lake Argyle Resort. Your hire kayak and paddle will be issued to you at the 10km start line by our Kayak Manager.*

**9:40 AM** – 10km race boats arrive at start line.

**10:00 AM** – Official **10km Solo Swimmers race start**

**10:10 AM** – Official **10km Teams race start.**

**3:30 PM** – **All Teams Exit the Water.** All remaining teams swimming are to pick up their swimmers and report to the timekeepers at the finish line.

**4:45 PM** - **Group Photo** with all participants adjacent to the Pool. All swimmers will receive a special swim memento at the Group Photo shoot.

**4:50 PM** - **Gala Presentation Dinner** at Lake Argyle Resort – Presentations, Live Music Celebrate into the night.

## Compulsory Briefing and Gear Collection Sessions

The Skipper and Paddler of each team must be present for at least one of the following Compulsory Briefing/Gear Collection Sessions:

- **Wednesday 1<sup>st</sup> May 6:00pm**, Kununurra Country Club Resort (gear collection from 5pm)
- **Friday 3<sup>rd</sup> May, 5:00pm** at Lake Argyle Resort.

All swimmers are also welcomed and encouraged to attend these sessions, but for safety reasons it is mandatory for the skippers and paddlers to attend.

*For the 10km solo category - the swimmer and paddler must attend.*

- All **race numbers, caps and race packs** will be issued to the skipper at these sessions only.
- **T-Shirts** are provided for each swimmer, paddler and skipper.
- **Additional dinner tickets and spectator cruise tickets** that have been purchased will be issued with the team's gear. *Any additional tickets purchased by spectators not associated with a team/solo will also be available for collection.*

## Gala Presentation Dinner

The presentation **dinner** will start at **4:50 pm** on Saturday at Lake Argyle Resort.

The entertainment will include the presentation of awards to category winners, guest speakers, music and will go late into the evening – so come along to party!

**Everyone attending dinner must be wearing their wristband.** Anyone without an official dinner wrist band will be politely requested to leave the dining area.

## Spectators

For spectators with cruise tickets:

- The **20km & 10km Start Cruise** departs from the Lake Argyle Cruises jetty at the Boat Ramp. Spectators with tickets need to board the Lake Argyle Cruises shuttle bus, departing **6:30am** from the Resort.
- **Scenic flights** with HeliSpirit operate directly from the Resort.

## Boat Launching & Crew Pick-up

The boat launching and crew pickup procedure reduces boat ramp congestion and makes for a better experience for everyone.

- **Boat Launching:** Skipper and Vehicle Driver only on Boat Ramp (kayaks, paddles, food, drink and all gear for the day on board). Please have boat prepared and launch early to avoid delays.
- **Swimmer & Crew Pick-up:** When all your Swimmers and Crew are assembled at the Pontoon, your crew should wave you forward (see map below) to the pontoon. Please motor carefully to the pontoon, quickly have your crew board and slowly motor away in a clockwise direction.

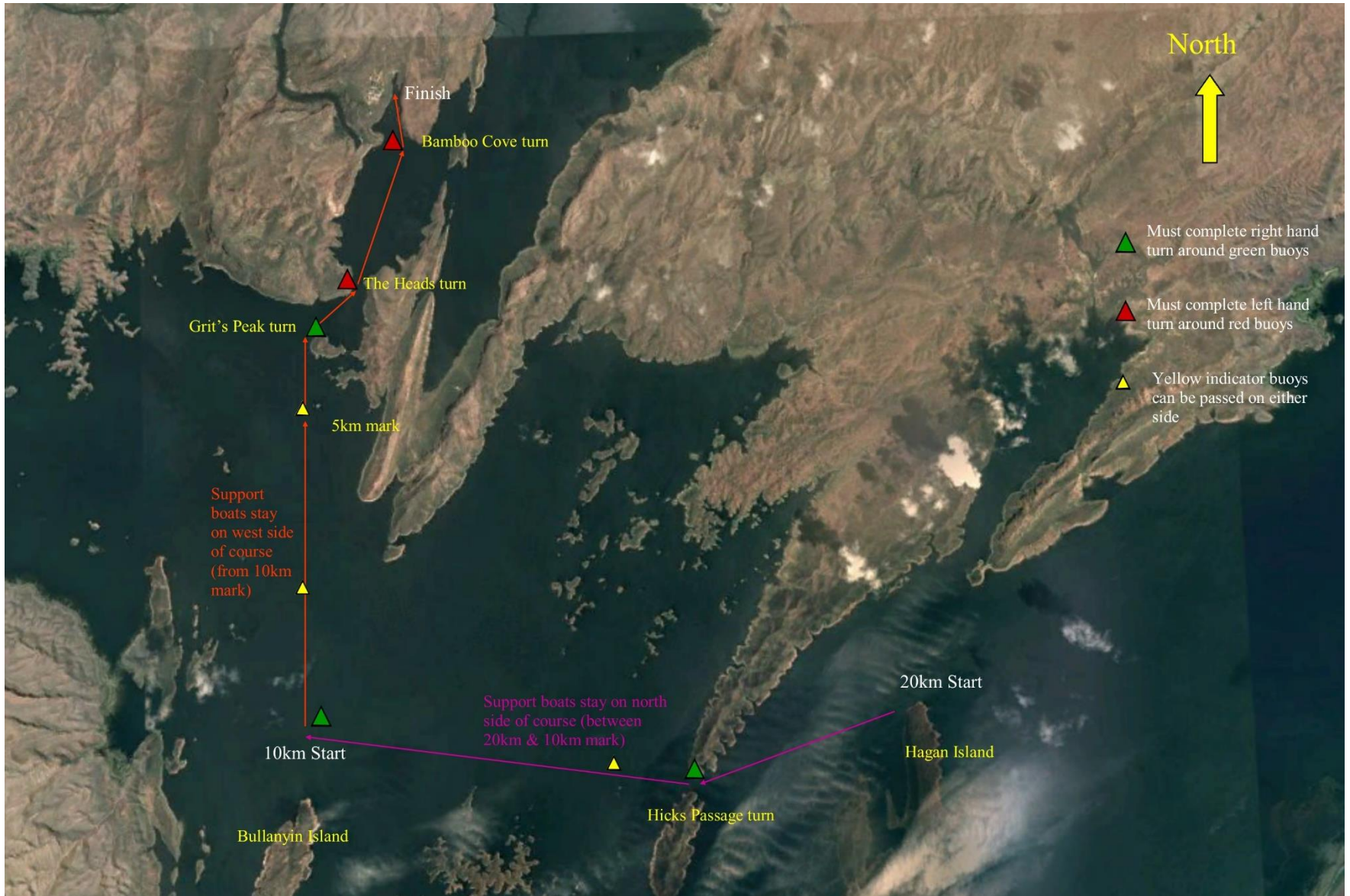


Swimmers, supporters and crew using pathway from/to Lake Argyle Resort:

- Remember **to take shoes, hats and sun protection both down to the boat at the start of the day** and to wear back up at the end of the day.

**Disability access:** Any swimmer, supporters or crew members unable to walk up/down the pathway are advised to travel on the team's power boat, to and from the boat ramp. *If you are a 10km solo swimmer or paddler unable to walk up/down the path, please make yourself known to the race officials and we can organise a boat to transport via the boat ramp.*

## COURSE MAP





## 20km Start Line Map



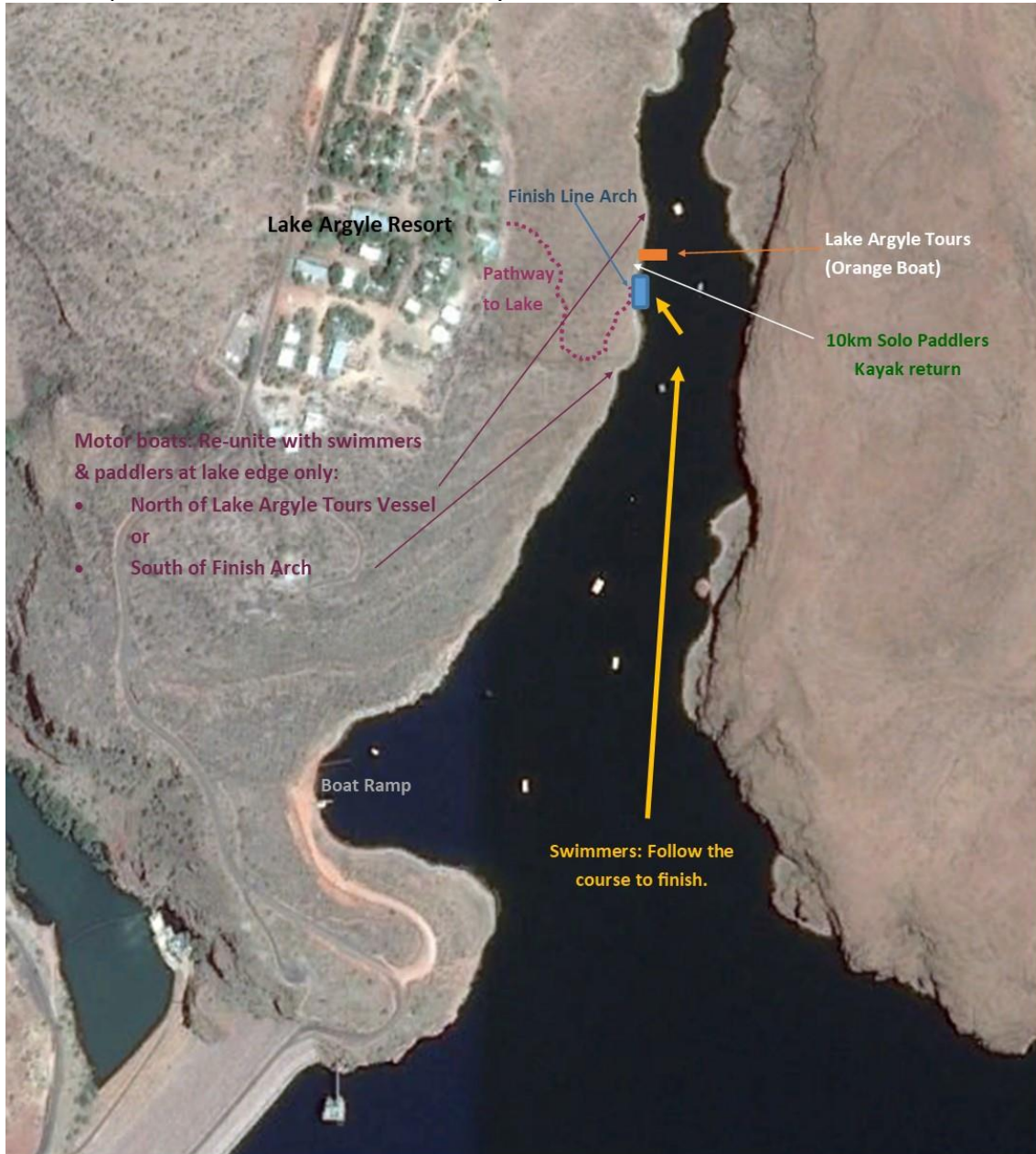
## 10km Start Line Map



## Finish Line

**Finish Line!** - The finish line will be onshore: finish under the Blue Inflatable Finish Arch. The Finish Line access is **via the walking path directly down from the Lake Argyle Resort Pool**.

*The team's time will be recorded when your first swimmer crosses the line. Swimmers: must report to our timekeepers at the Finish Arch to ensure your time is recorded.*



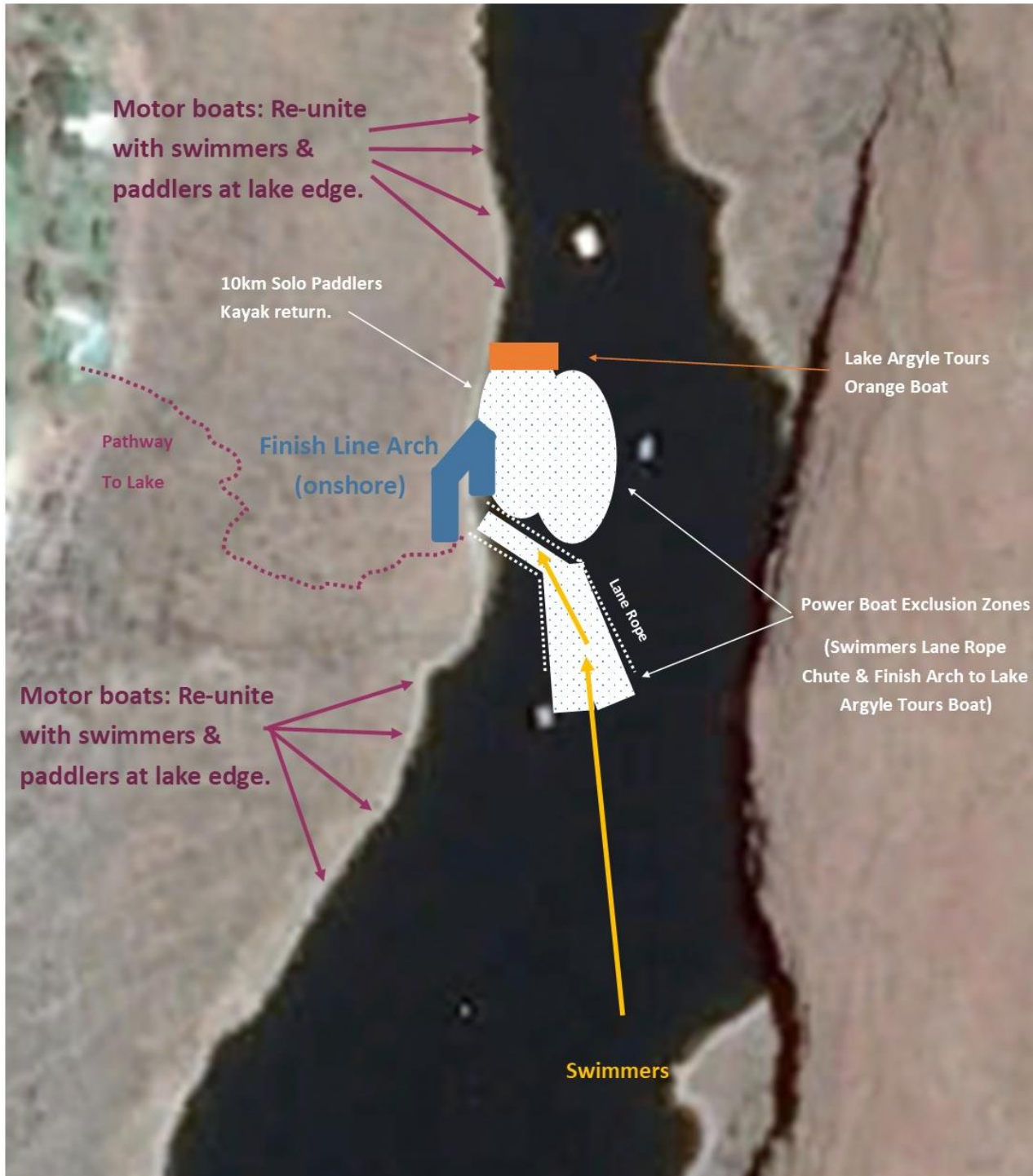
**Swimmers:** Swimmers finish under the blue Finish Arch, onshore.

**10km Solo Paddlers:** Return issued kayaks to finish (between Finish Arch and Lake Argyle Tours Boat).

**Skippers:** Skippers can re-unite with swimmers and paddlers onshore south of the Finish Arch or North of the Lake Argyle Tours Boat. No motor boats are to enter the swimmers finish chute (100m of lane ropes) or come between the Finish Arch and Lake Argyle Tours boat.

**Skippers:** Stay well clear of all finishing swimmers/teams when returning to boat ramp.

## Lake Argyle Swim—Finish Line (zoom)



Skippers: Motor Boats are strictly prohibited from entering the swimmers finishing lane ropes and from shore access between the **Finish Arch** and **Lake Argyle Tours Boat**.

Skippers: Keep watch and stay well clear of all finishing swimmers/teams when re-uniting with team members and returning to the boat ramp.

## SWIMMER: Safety & Information Sheet

The team number tattoo should be placed on your upper right arm.

To discuss with your support crew:

- Plan with your team the direction of the swimmer i.e. straight-line buoy to buoy or taking advantage of wind and waves;
- Discuss with your paddler/s the most comfortable position for them to guide you and your team; and
- If your support crew is to provide you with sustenance whilst you are in the water discuss how you'd like this to be managed.

### Signal for Assistance

Let your paddler know and they will have you hang on to the front (bow) of their paddle-craft.

In the case of requiring assistance beyond your paddler:

- Wave one hand above head height to signal assistance is required. Keep waving until your signal is acknowledged.

### Overtaking

- Any team in front has the right of way. Pass the slower team on any side at a safe distance.
- No physical contact should be made.

### HAZARDS

- LAKE ARGYLE is classified as "OPEN WATER" (think ocean);
- Winds can be strong and blow you off course, generate a short sharp chop;
- Wind and wave activity will change along the length of the course;
- Sunburn: use sunscreen and cover up;
- Dehydration: have your crew carry water and snacks, enough for 6 to 8 hours; and
- Take care and time to traverse the track between the Resort and Finish Line.

### Getting to the Start

**Travel on your support boat to the start line. Swimmers and crew to be picked up by their skipper at the lake edge directly down the walking path from Lake Argyle Resort.**

***10km solo swimmers will travel to the start line on the official start boats – also departing from lake edge, directly down walking path.***

### The Finish

The Finish Line will be the Blue Finish Arch onshore. Your paddler can stay with you to the line. Your power boat must stay clear of the exclusion zones at the finish area. Swim to shore and pass under the Finish Arch to record your finish time. Your fellow swimmers are encouraged to swim to the rear of the Lake Argyle Tours boat for a celebratory drink.

### The Start – 20km Swim

The deep-water start will be from the line of floats between the Lake Argyle Cruises Start Boat and the start buoy. Position yourself in front of the rope and hold onto it with your hand.

**The starting swimmer in each team must swim the first 500 meters before joining up with their team support boat, due to the power boat exclusion area at the Start Line.**

#### The Start – 10km Swim

The deep-water start will be from the line of floats between the Lake Argyle Tours Boat and the start buoy. Position yourself in front of the rope and hold onto it with your hand.

**The starting swimmer in each team must swim the first 500 meters before joining up with their team support boat, due to the power boat exclusion zone at the Start Line.**

#### The Course – 20km Swim

A lead boat will lead the field from the 20km start to the 10km turn (where you will join the tail of the 10km field and follow their lead boat). Your paddlers will use this boat and the marker buoys to guide you along the course.

The 10km turn is a right hand turn around a green turn buoy. Please beware of increased water traffic.

Support Boats must travel around the 10km start line.

#### The Course – 10km Swim

A lead boat will lead the field from the start to finish of the event. Your paddlers will use this boat and the marker buoys to guide you along the course.

## ***10km SOLO Swimmers: Additional Information***

#### Getting to the Start

10km Solo swimmers and their paddlers will travel to the 10km start line on the official 10km start boats. Departing the 09:00am from the lake edge down the walking path from Lake Argyle Resort.

You will be issued with your hire kayak and paddle when you reach the start line by our Kayak Manager.

#### The Finish

The Finish Line will be the Blue Finish Arch onshore. Your paddler can stay with you to the line.

All paddlers in hire kayaks should make their way to the Kayak Manager on shore - adjacent to the Finish Arch and return your hire kayak.

## PADDLER: Safety & Information Sheet

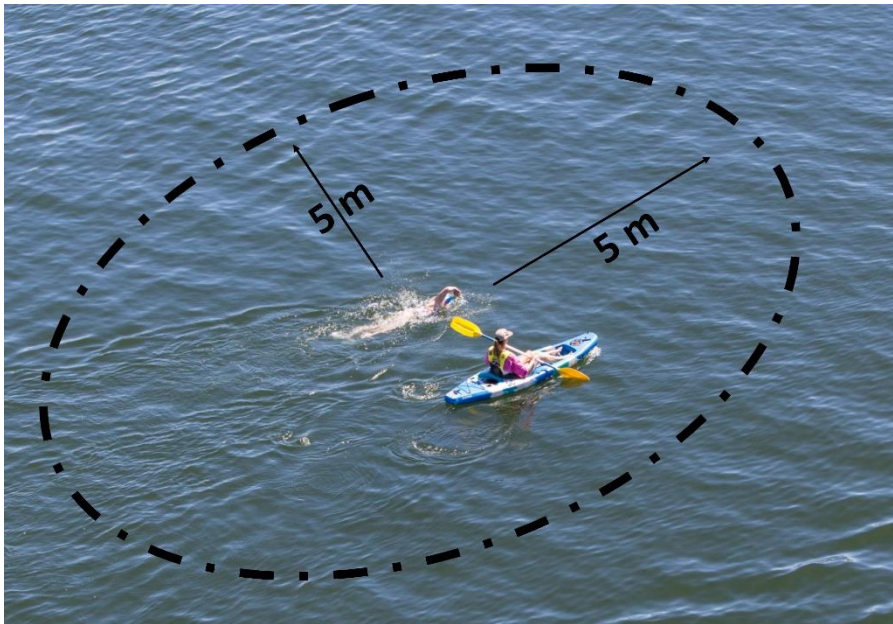
*Please be considerate of all people on and in the water.*

As a Support Paddler, you are responsible for:

- **Maintaining a safe distance for your swimmer from any power boats;**
- Guiding your swimmer along the course;
- Monitoring correct changeover tagging protocol;
- Monitoring the progress of your swimmer, and if required, signal for assistance;
- Providing support to the swimmer until a boat arrives; and
- Providing water and food if required.

*Swimmers needing assistance or rest should hold onto the front of your kayak when stationary.*

Team numbers are to be displayed on both sides of your paddle craft. You will also be wearing a bib with your team number on. This bib is to be worn over any clothing and PFD.



### **Maintain your “Swimmer’s Bubble”:**

Communicate assertively with the skipper of any power boat threatening to enter the 5m “Bubble” around your swimmer.

**No power boats within 5m of a swimmer is allowed** (other than that swimmer’s team boat at changeovers).

### Guiding your swimmer

- Plan with your team the direction of the swimmer i.e. straight-line buoy to buoy, or take advantage of wind and waves;
- Discuss with your swimmer/s the most comfortable position for you to guide them. Stay close to your swimmer and keep them in view; and
- Discuss any potential paddler swap overs that may occur along the course.

### Monitoring swimmer progress

- A smooth swimming stroke indicates all is well; and be aware that;
- A ragged stroke and zigzagging may indicate tiredness and other problems which can quickly lead to assistance being required.

### Signalling for assistance

- Wave your hands or paddle at head height or above to signal assistance is required;
- Keep waving until your signal is acknowledged.

### Supporting your swimmer

- Stay in your boat and adopt a stable paddling position - e.g. low brace;
- If they require assistance, make definite eye contact with the swimmer and direct them to hold on to the bow (front) of your kayak. This may cause your craft to spin around but this is the most stable position where you can see and monitor the swimmer; this is because a swimmer holding on to the side may cause your craft to roll, you cannot see swimmers on your stern (back) and they may foul your rudder control lines.

### Provide food and water

Ensure anything you are carrying in or on your paddle craft is securely stowed.

## HAZARDS

- LAKE ARGYLE is classified as “OPEN WATER” (think ocean);
- All paddlers must wear a Personal Floatation Device (PFD);
- Winds on Lake Argyle can be strong and blow you off course;
- The lake can generate a short sharp chop that may change direction;
- Wind and wave activity will change along the length of the course;
- Sunburn: use sunscreen and cover up, if you have a “sit-on” craft ensure your legs and feet are protected;
- Dehydration: carry water and snacks, enough for 6 to 8 hours;
- ‘Numb Bum’: move around and fidget to maintain circulation; and
- Broken Paddle/s: spare paddles will be carried on one of the official support boats, indicate to your support boat who can then radio call for the replacement paddle.

### Overtaking

Any swimmers and paddlers in front have right of way, pass at a safe distance on either side of the slower team.

### Getting to the Start

Paddlers and paddle craft should travel with their team in their support boat to the start line.

***10km solo's hire kayaks & paddles will already be at the 10km start line for your paddler.***

### The Start

Swimmers will start in deep water from the start line. Support Paddlers will position themselves either side of the course approximately 200m ahead of the start line and join their swimmers after the first 200m has been swum.

### The Course – 20km & 10km Swim

A lead boat will travel the course ahead of the field. Use this vessel to guide you along the course. At the 10km point of the 20km swim, you will join the tail of the 10km field and be guided by their lead boat.

### Swapping Paddlers (optional for teams with extra crew)

Try to swap at a time that your swimmer has an alternative visual guide along the course e.g.

- When there is another relay team member in the water awaiting changeover; or
- There is a marker buoy ahead, make sure you discuss this with your swimmers prior to the race.

### The Finish

The Finish Line will be marked by a blue Finish Arch onshore. You can paddle all the way to the finish line with your swimmer but be sure not to impede any other swimmers.

Kayakers with their own craft can head back to shore with their team or to the boat ramp with their support boat.

10km Solo Paddlers need to return their hire kayak to the Kayak Manager – on shore adjacent to the Finish Arch.

## Course GPS Co-ordinates

*Approximate Course GPS Co-ordinates (guide only – record exact points on way to start line if required)*

	<u>Degrees, Minutes</u>						<u>Degrees, Minutes, Seconds</u>							
	°	'		°	'		°	'	"		°	'	"	
20km Start	16	12.255	South	128	48.844	East	16	12	15.3	South	128	48	50.64	East
Hicks Passage Turn	16	12.714	South	128	47.162	East	16	12	44.46	South	128	47	9.7	East
15km Marker	16	12.518	South	128	46.134	East	16	12	31.08	South	128	46	8.0	East
10km Start	16	12.039	South	128	43.436	East	16	12	2.3	South	128	43	26.2	East
Grit's Peak Turn	16	8.940	South	128	43.791	East	16	8	56.4	South	128	43	47.5	East
The Heads Turn	16	8.523	South	128	44.183	East	16	8	31.38	South	128	44	11.0	East
Bamboo Cove Turn	16	7.192	South	128	44.613	East	16	7	11.52	South	128	44	36.8	East
Finish	16	6.826	South	128	44.607	East	16	6	49.56	South	128	44	36.4	East



## SKIPPER: Safety & Information Sheet

*Please be considerate of all people on and in the water.*

Be aware that fuel exhaust fumes affect all swimmers and paddlers, stay downwind and at a safe distance from them whenever possible.

As a team/s Support Boat you are responsible for assisting both swimmers and paddlers of your team, so always keep them within sight. Any waving arm or paddle movement above the head is a call for assistance, approach with safety in mind.

**Team numbers** must be displayed on both the port and starboard sides of the boat.

### Boat Launching

The Boat Ramp is a potential major congestion point without your help and preparation. Please head to the boat ramp with a boat driver (to manoeuvre the boat away from the boat ramp) and a vehicle driver (to return the car and trailer back to the Lake Argyle Resort). Take note of the Swimmer/Crew collection information in this document.

Are you ready to launch your boat?

- Boat battery on? , Boat key in ignition or on hand?, All your gear on board (Esky, food, drink), Bungs in?, Motor lifted and support arm removed?, Tie down straps untied or ready to un-tie?, Winch ready?, Boat Radio set to Channel 11 (VHF & UHF)

### Radio communications

- Are to be used to call for assistance only, no radio chatter please;
- Channel 11 for both VHF and UHF will be used for communications during the swim; and
- Marshall Vessels may use radio communications to broadcast event information, so keep your radios on.

### Overtaking

The overtaking boat must pass on the side of the slower boat that is furthest from the swimmer.

### Picking up Swimmers/Paddlers

When picking up swimmers or paddlers the **motor of the support boat must be turned off**. Support vessels must only move forwards and do not come astern (move backwards).

### The Finish Line

**SUPPORT BOATS MUST LEAVE THEIR SWIMMER(S) AND PADDLER 400M PRIOR TO THE FINISH AREA**

No support boats are to enter the “Power Boat Exclusion Zones” as per the **Finish Line Map** in this Handbook.

Catch-up with your swimmers and paddlers along the shoreline as per the **Finish Line Map** in this Handbook.

### **BE AWARE OF YOUR WAKE AND ITS AFFECT ON ALL EVENT PARTICIPANTS**

Strictly no alcohol on board support vessels.

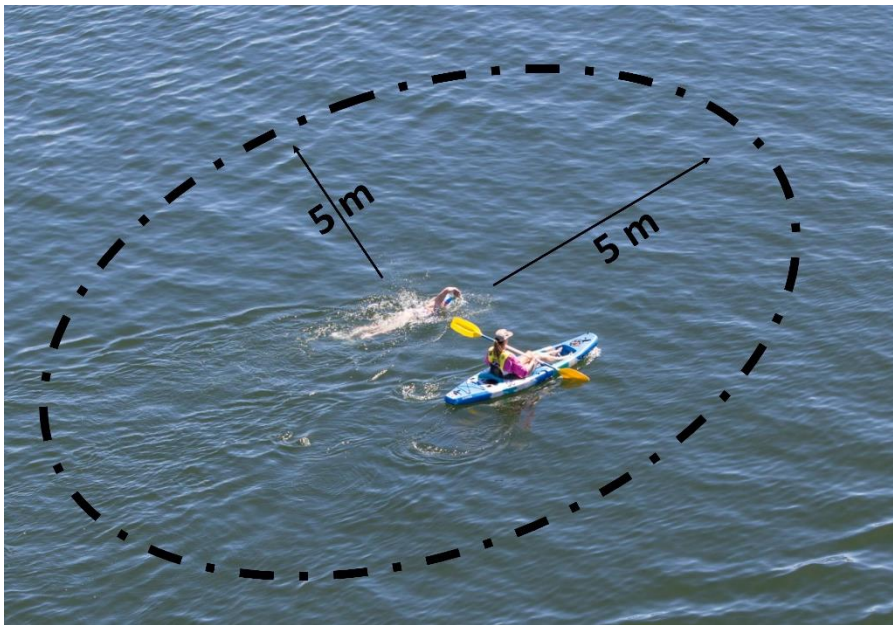
Each Support Vessel must comply with Department of Transport (DoT) regulations. The required safety equipment to comply with DoT:

- Recreational Skipper's Ticket.
- Life Jackets (min. level 100) - *must be worn if vessel is 4.8m or less.*
- Life Jackets for children under 12 years must be worn (min. level 100).
- Distress Beacon (in date and GPS enabled).
- Red and Orange flares (in date) or Electronic Visual Distress Beacon.
- A marine radio and additional safety equipment are recommended. Visit <https://www.transport.wa.gov.au> for full details.

Be aware of the weather and elements, it is recommended that shade is provided, adequate food and drink as well as towels, spare clothes, blankets.

#### Power Boat Exclusion Zone

Please note the 500m x 200m power boat exclusion zone at both the 10km and 20km start lines. Your first swimmer will have to swim at least the first 500m prior to a swimmer change – as no boats can enter this exclusion zone to drop-off or collect team members.



**Maintain the “Swimmer’s Bubble”:**

**No power boats within 5m of another team’s swimmer is allowed.**

## EXTREME WEATHER

In the event of extreme weather (i.e. strong winds) the Event Manager, in consultation with Lake Argyle Resort and Lake Argyle Cruises, may:

- Cancel the event, or
- Delay the start time(s) – **the event end time of 15:30 hrs will be unchanged**, or
- Change the course to the 'Alternative Rough Weather' course A or B.

### Alternative Rough Weather Courses

If an alternative rough weather course is to be used, competitors will be informed via race radio which Alternative Rough Weather Course, A or B, is to be utilised. Please refer to the attached Alternative Rough Weather Courses A & B.

#### Alternative Rough Weather Course A:

A 5km circuit within Coolibah Pocket will be set-up.

- All standard race rules, team changes and support boats will operate as normal.
- However, all swimmers will be required to exit the water each and every lap 5km lap at the Finish Arch – for lap counting.

#### Alternative Rough Weather Course B:

- The confined space of this course will preclude team boats and paddlers from following their swimmers and all relay team members will be required to assemble at the pontoon.
- Swimmers will be required to complete 1km circuits of this course and exit the water each and every lap. Relay teams can only change at the completion of whole laps (1km laps).
- Solo swimmers and team swimmers must present to the timekeeper each lap for the purpose of safety check and lap counting.
- Neutral support vessels and paddlers will be patrolling this course. Any swimmer needing assistance must wave one arm above their head.
- Race distances may be revised down from the planned 20km/10km distances depending on the weather, but all competitors will be informed of this prior to the start of the alternative race format.

### Alternative Rough Weather Course Map A



### Alternative Rough Weather Course Map B



## EMERGENCY PROCEDURE

**Any waving arm or paddle movement above the head is a call for assistance.  
Approach with safety in mind.**

### Rescue Boats

There are two (2) primary Rescue Boats that will be roaming for the duration of the race, these are operated by East Kimberley Volunteer Marine Rescue (call sign: “**EKV Marine Rescue**”) and the State Emergency Service (call sign: “**SES Rescue**”).

These rescue boats will be monitoring radio channel 11 and have a qualified first aider and first aid kit on board. For all emergency assistance these boats are to be your point of contact.

### Radio Communications

**Radio communications are to be used to call for assistance only.  
No radio chatter please.**

**Channel 11** for both **VHF** and **UHF** will be used for communications during the swim.

### Medical Emergency

In the case of a medical emergency requiring urgent assistance, state:

***“Medical emergency, Boat number ..... is calling for immediate medical assistance, location.....”***

- Identify any nearby boats that may be in the best position to assist; and
- Continue this call until you receive confirmation that assistance is on its way.

St John Ambulance officers will be stationed at Lake Argyle Resort and on-board the EKVMR Boat for the duration of the event. Rescue or support vessels will transport any casualties to the boat ramp as directed by St John Ambulance volunteers.

*Please note that St John Ambulance assistance is on site. However, any transport and further medical treatment will come at further cost to the participant(s) seeking treatment.*

### Non-Medical Emergency

In the case of all other **non-medical emergencies** (i.e. mechanical, taking on water,...)

***“Emergency, Boat number.... Requiring assistance at location.....”***

Provide information about the nature of the assistance required (i.e. motor breakdown, broken paddle etc.).

## Responding to an Emergency

In the event of an emergency where the Rescue Boats are responding, please continue to monitor your radio however avoid speaking to allow clear communication between the Rescue Boats and boat(s) requiring assistance.

In the event that you hear another boat calling for assistance:

- Identify if immediate assistance is required and if your vessel is in a position to provide this assistance.
- If so, communicate with your paddler and swimmer, the swimmer must stop swimming immediately and may use the paddle vessel as support. At this point, you may leave the swimmer and paddler to provide assistance.

## Emergency Evacuation

Circumstances may dictate that the race needs to be cancelled. You will be notified over the radio:

***“Attention: All competitors in the Lake Argyle Swim are to exit the water immediately. “***

In the event that this is required, all boats are to communicate with their swimmers and paddlers and **MUST** board their support vessel immediately.

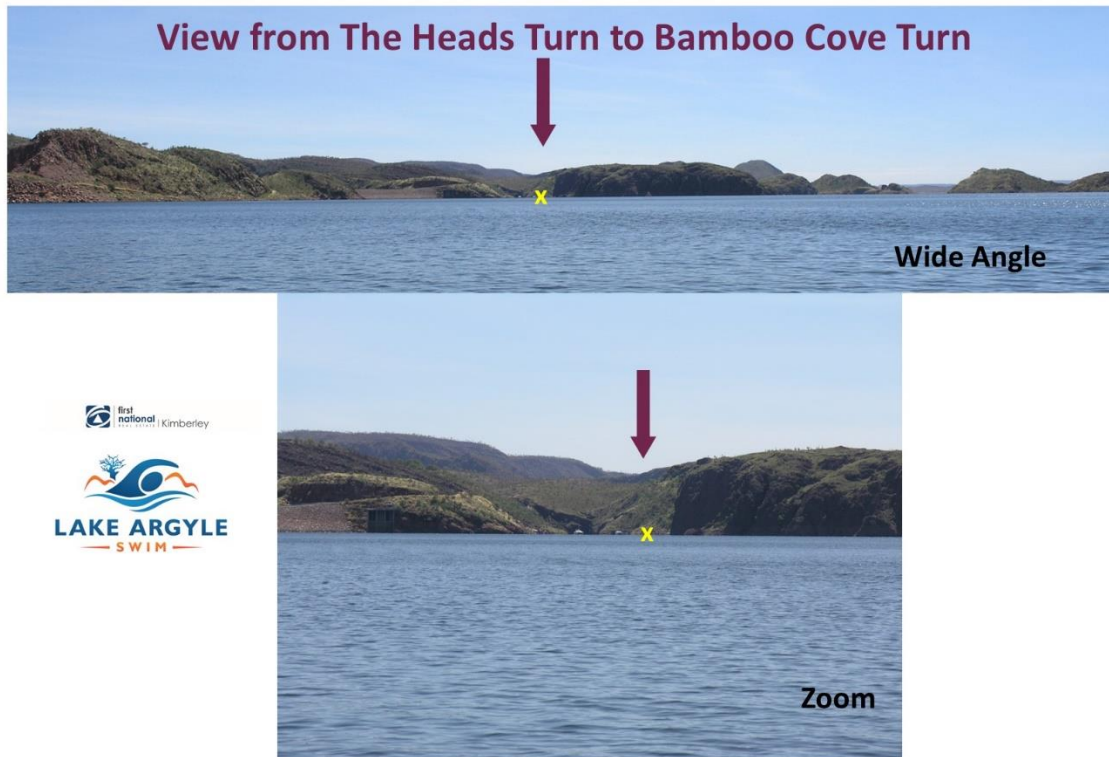
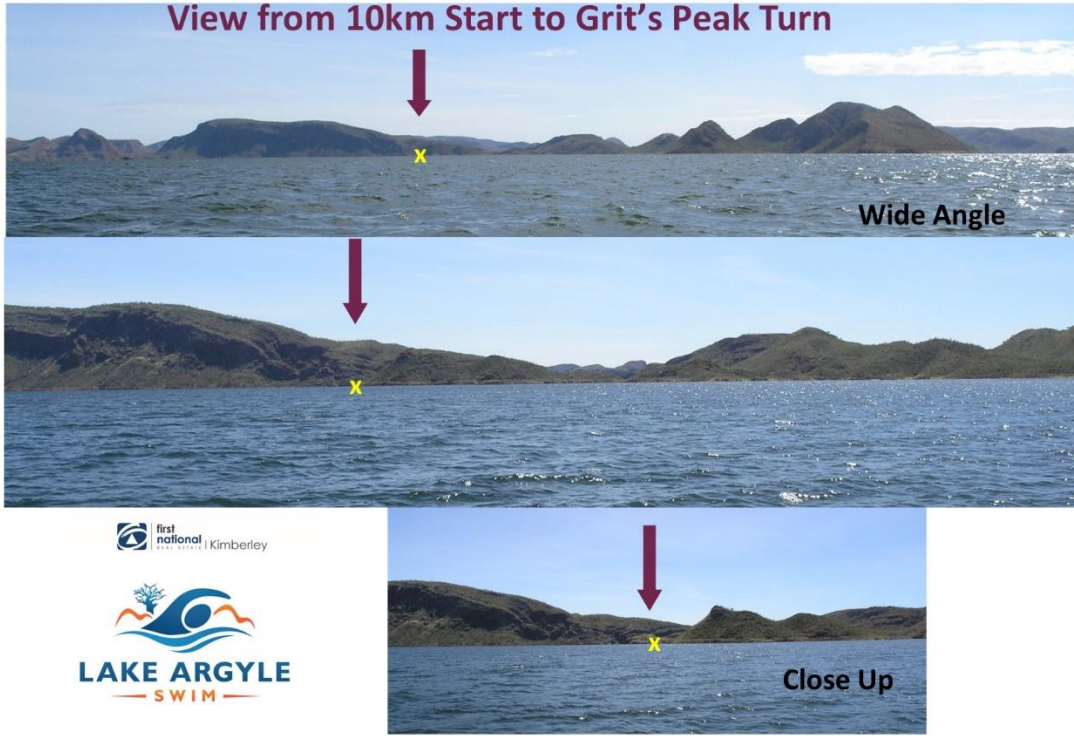
10km solo swimmers and paddlers will utilise the neutral 10km support boats and the Rescue Boats to exit the water. Participants will be instructed what further action is to be taken.

## Emergency Contacts

On Water:	VHF Channel 11 UHF Channel 11
Police, Fire or Ambulance:	000
Event Manager:	Glenn Taylor M: 0407 289 238
Rescue Boat #1:	East Kimberley Volunteer Marine Rescue, VHF & UHF Channel 11
Rescue Boat #2:	State Emergency Service, VHF & UHF Channel 11

For all support craft and on water contact, please use radio frequency 11 for both VHF and UHF. Mobile phone coverage is only possible in some parts of the lake and is not guaranteed.

# NAVIGATION CARDS



### View from 20km Start to Hicks Passage



### View from Hicks Passage to 10km Start





## 2024 SWIMMER LIST

#	Category	First Name	Last Name	Team Name	Town	State
1	10km Solo	Sharyn	Adams	Adams	Glen Eira	VIC
2	10km Solo	Travis	Aston	Aston	Kununurra	WA
3	10km Solo	Lucy	Bannon	Bannon	Eastern Suburbs - South	NSW
4	10km Solo	Chelsea	Boe	Boe	Kimberley	WA
5	10km Solo	Rebecca	Boyall	Boyall		
6	10km Solo	Sarah	Brice	Brice	Darwin Suburbs	NT
7	10km Solo	Jeannette	Casotti	Casotti	Mundaring	WA
8	10km Solo	Rufus	Coffield-Feith	Coffield-Feith	Darwin Suburbs	NT
9	10km Solo	Liz	Crowhurst	Crowhurst	Manly	NSW
10	10km Solo	Brittany	Davidson	Davidson	Sydney Inner City	NSW
11	10km Solo	Rebecca	Eastwell	Eastwell	Kalamunda	WA
12	10km Solo	Leesa	Equid	Equid	Cottesloe - Claremont	WA
13	10km Solo	Margaret	Fraser	Fraser	Brunswick - Coburg	VIC
14	10km Solo	Elizabeth	Gadd	Gadd	Darwin Suburbs	NT
15	10km Solo	Shane	Gray	Gray	Kimberley	WA
16	10km Solo	Trent	Hunt	Hunt	Joondalup	WA
17	10km Solo	Giacomo	Lucivero	Lucivero	Bunbury	WA
18	10km Solo	Ashleen	McGovern	McGovern	Pilbara	WA
19	10km Solo	mark	morelli	morelli	Marion	SA
20	10km Solo	Jessie	Mudie	Mudie	Kimberley	WA
21	10km Solo	Elle	Murrell	Murrell		
22	10km Solo	Peter	NELSON	NELSON	Mid West	WA
23	10km Solo	Tom	Ridsdill-Smith	Ridsdill-Smith	Stirling	WA
24	10km Solo	Emily	Russell	Russell		
25	10km Solo	Robyn	Scott	Scott	Perth City	WA
26	10km Solo	Samuel	Sitzler	Sitzler	Darwin Suburbs	NT
27	10km Solo	Michael	Taranto	Taranto	Melville	WA
28	10km Solo	Dean	Thornton	Thornton	Albany	WA
29	10km Solo	Melina	Townsend	Townsend	Bunbury	WA
30	10km Solo	Ian	Tucker	Tucker	Noosa	QLD
31	10km Solo	Eric	Vanweydevel	Vanweydevel	North Canberra	ACT
32	10km Solo	Sarah	Wapling	Wapling	Yarra	VIC
33	10km Solo	Ruby	Warne	Warne		
34	10km Solo	Mark	Weller	Weller	Albany	WA
35	10km Solo	Megan	Wiebrecht	Wiebrecht	Kimberley	WA
36	10km Solo	Jessica	Wright	Wright	South Perth	WA
37	10km Duo	sally	bohn	The Dory's	Kimberley	WA
38	10km Duo	Sarina	Bowyer	DImandS	Belmont - Victoria Park	WA
39	10km Duo	Teagan	Butler	Broome Tours Baby	Kimberley	WA
40	10km Duo	sue	cottle		Darwin Suburbs	NT
41	10km Duo	Jo	Dean		Perth City	WA
42	10km Duo	Renna	Francis		Katherine	NT
43	10km Duo	Jacob	Hackett	Simple Swimmers		WA
44	10km Duo	Kieran	Kelly	Balmoral Legends	Balmoral	VIC
45	10km Duo	Yvonne	Rash		Fremantle	WA
46	10km Duo	Bill	Schulte	Burleigh Boys	Burleigh Heads	QLD
47	10km Duo	Valerie	Smith	The Funckey Monkeys	Darwin Suburbs	NT
48	10km Quad	Ingrid	ANDERSON	Gone Wild	Albany	WA
49	10km Quad	Anne	Barrett	The Kimberley Cruzers	Kimberley	WA
50	10km Quad	Tim	Bucknell		Kimberley	WA
51	10km Quad	Juliane	Bush	Horizon Power		
52	10km Quad	Nicola	Coleman	ArGalz	Kimberley	WA
53	10km Quad	Sophie	darcy evans	The Swimpsons	Kimberley	WA
54	10km Quad	Georgie	de Candia		Kimberley	WA
55	10km Quad	DENNIS	DEVEREAUX	Devereaux	Bunbury	WA
56	10km Quad	Katie	Duffy		Melville	WA
57	10km Quad	Melita	Eassie	On the Fly	Litchfield	NT
58	10km Quad	Tash	F	Freeman-Knox's	Darwin Suburbs	NT
59	10km Quad	Darren	Fulcher		Kimberley	WA
60	10km Quad	Gina	halford	Bimbos	Mid West	WA
61	10km Quad	Justine	Hancock	Show us ya croc	Kimberley	WA
62	10km Quad	Lorna	Hay		Kimberley	WA
63	10km Quad	Cindy	House		Albany	WA
64	10km Quad	lucy	hurlstone		Litchfield	NT
65	10km Quad	Jane	Kelsbie	Mumford & Wives	Denmark	WA
66	10km Quad	Rebecca	Kerr	Birk Squad	Melville	WA
67	10km Quad	Olivia Davison	Rebecca Kidd	Water are doing here?	Kimberley	WA
68	10km Quad	Kiri	Lerch	Water Slappers	Kimberley	WA
69	10km Quad	Yoska	Lindsay		Kimberley	WA
70	10km Quad	Khairul	Madkhul	The Seaward Sailors	Kimberley	WA

71	10km Quad	Zoe	McWhinney	Just Go Fitness	Darwin Suburbs	NT
72	10km Quad	Michael	Mickan	Lilypaddlers	Marion	SA
73	10km Quad	Kate	O'Keeffe		Albany	WA
74	10km Quad	Anne	Richards	Water Snorters	Melville	WA
75	10km Quad	Jessica	Salm	Whale Oil Beef Hook	Kimberley	WA
76	10km Quad	Greg	Tate	Royal Life Saving	Perth	WA
77	10km Quad	Codie Butler	Jeff Thomas	XrayTed	Kununurra	WA
78	10km Quad	Alex	Thompson	The Blow Ins	Stirling	WA
79	10km Quad	Jonathon	Tuckey		Kimberley	WA
80	10km Quad	Coralee	van der Meulen		Tamworth - Gunnedah	NSW
81	10km Quad	Rachel	Venables	THRRILL	Kimberley	WA
82	10km Quad	Brodie	Ward		Kimberley	WA
83	10km Quad	Tomiets	Wykes	Fin-tastic Four	Kununurra	WA
84	20km Solo	Kate	Addy	Addy	Joondalup	WA
85	20km Solo	Julie	Boxsell	Boxsell	Townsville	QLD
86	20km Solo	darcey	brooks	Brooks	Wanneroo	WA
87	20km Solo	Max	Coten	Coten	Fremantle	WA
88	20km Solo	Matt	King	King	Darwin Suburbs	NT
89	20km Solo	Jo	McConnell	McConnell	Bayside	VIC
90	20km Solo	Jackson	Meaney	Meaney	Darwin Suburbs	NT
91	20km Solo	Olivia	Smith	Smith	Wheat Belt - North	WA
92	20km Solo	Anna	Strachan	Strachan	Brisbane Inner - North	QLD
93	20km Solo	Alexander	Thompson	Thompson	Boroondara	VIC
94	20km Duo	Belinda	Allister		Kimberley	WA
95	20km Duo	Ben	Broadwith	White Belly Sea Eagles	Kimberley	WA
96	20km Duo	joe	cuthbertson		South Perth	WA
97	20km Duo	Stephanie	Inat	Housemates Not Friends	Katherine	NT
98	20km Duo	Emma	Kelly		Darwin Suburbs	NT
99	20km Duo	Harry	Leather	Balwyn Calling	Yarra	VIC
100	20km Duo	Thomas	Mckinnon	Get ya Crocs out	Darwin Suburbs	NT
101	20km Duo	Sebastian	Pufke	The Odd Otters	Kimberley	WA
102	20km Duo	Patrick	Thompson	Balmoral Crazyies	Balmoral	VIC
103	20km Duo	Natalie	Whiteside	The Kaweens	Fremantle	WA
104	20km Quad	Fabio	Armani	Cereal Killers	Kimberley	WA
105	20km Quad	Brittany	Beesley	Me Gustan Los Nachos	Kimberley	WA
106	20km Quad	Lucy	Berk	Freestylin Friends	Darwin Suburbs	NT
107	20km Quad	Nick	Brady	Cyfly	Darwin Suburbs	NT
108	20km Quad	Paul	Brown	Baandee Salties	Wheat Belt - North	WA
109	20km Quad	Laura	Buckingham	H2hoes	Kimberley	WA
110	20km Quad	Laura	Crellin	Sitting Ducks	Kimberley	WA
111	20km Quad	Cheyene	Dodd		Wheat Belt - North	WA
112	20km Quad	Adam	Eley	The Good the Bad and the very Ordinary	Cottesloe - Claremont	WA
113	20km Quad	Steve	Goat		Darwin Suburbs	NT
114	20km Quad	Katie	Guymmer		Kimberley	WA
115	20km Quad	Angelika	Hannon	Butterflies in Blue	Noosa	QLD
116	20km Quad	Isabelle	Hendriks	Kimberly Krakens	South Perth	WA
117	20km Quad	Grace	Hendriks	Croctails	Darwin Suburbs	NT
118	20km Quad	Nick	Hosking	Croc & Kraken Ripple Riders	Kimberley	WA
119	20km Quad	Steph	Hubble	CAWS	Wheat Belt - North	WA
120	20km Quad	P	JOHNSON	The Gronnos	Toowoomba	QLD
121	20km Quad	Romney	Julicher	Kabali Dippers	Darwin Suburbs	NT
122	20km Quad	George	Koulakis		Darwin Suburbs	NT
123	20km Quad	troy	lathwell	TROCS	Gosnells	WA
124	20km Quad	Sarah	Laverty	Balmoral Salties	Balmoral	VIC
125	20km Quad	Michelle	Le Clercq	Sans Solo	Kimberley	WA
126	20km Quad	Charles	Love	Happy Hedgehogs	Cottesloe - Claremont	WA
127	20km Quad	Rex	Luers	Elders Darkan		WA
128	20km Quad	Teale	Lyon	Mum, swim faster!	Stirling	WA
129	20km Quad	Isabel	McCarthy	Miles then Margaritas	Kimberley	WA
130	20km Quad	Alice	Mckeon	Pil-barras	Pilbara	WA
131	20km Quad	Lynton	Mortensen		Brisbane Inner	QLD
132	20km Quad	William	Mudge	Nangers	Gosford	NSW
133	20km Quad	Matthew	Pick	The Southern Wrights	Barossa	SA
134	20km Quad	Tim	Purcell			WA
135	20km Quad	Steve	Sammot	Exchanging Heat	South Perth	WA
136	20km Quad	Carrie	Selten	Not fast, just furious	Broome	WA
137	20km Quad	Mike	Simpson		Stirling	WA
138	20km Quad	fabiana	Tavares Regis	Fabulous Four	Darwin Suburbs	NT
139	20km Quad	Dan	Taylor	Baandee Mudskippers	Wheat Belt - North	WA
140	20km Quad	Sara	Toonson	Bananas in Pyjamas	Darwin Suburbs	NT
141	20km Quad	Leanne	Wykes	Freshwater Woolly Gongs	Kununurra	WA

## RACE RULES, TERMS & CONDITIONS OF ENTRY

The full race rules, terms & conditions of entry can be found at: [www.lakeargyleswim.com](http://www.lakeargyleswim.com).

### **SPECIAL THANKS TO**

**All our amazing Volunteers, Sponsors, Committee,  
East Kimberley Volunteer Marine Rescue & WA State Emergency Service**



WHERE  
**DREAM**  
EVENTS HAPPEN

Step into a dreamscape of events in the Kimberley, one of Earth's last true wilderness areas.

- Marvel at the awe-inspiring Lake Argyle, an immense freshwater lake around 20 times the size of Sydney Harbour.
- Slip into 'Broome time' and relax on Cable Beach's (Walmanyjun) 22km of white sand and turquoise waters.
- Take an Aboriginal guided tour to marvel at ancient rock art and discover the region through the eyes of an Elder.
- Tackle one of Australia's greatest four-wheel-drive adventures, the epic 660km Gibb River Road.
- Relax in sheer luxury on an elegant Kimberley expedition cruise to faraway bays, tranquil waterfalls, tropical islands and coral atolls.
- By air or by land, experience the otherworldly World Heritage-Listed Bungle Bungle Range in Purnululu National Park.

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